



**Wishing You All The  
Best In 2019**

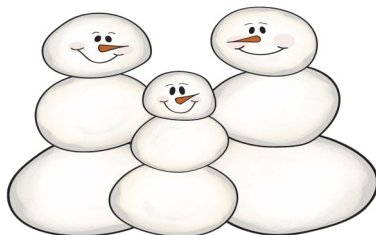


### SMORG

The New Year Smorg is on Wednesday January 16th at 5pm in the Dining Room. Any guests who wish to attend are to contact to kitchen staff at 519-343-2611 ext 230, two weeks prior to reserve your seat as space is limited.

### Have you lost an article of clothing???

On January 26th/27th all non-labeled clothing will be set out in the Sunshine Room for claiming. If you find something that belongs to you please take it to the Nurses Station for it to be labelled :)



### Royal Terrace Directory

<u>NAME</u>	<u>POSITION</u>	<u>TELEPHONE EXT.</u>
Shelley Gould	Administrator	236
Joyce Riehle, RN	Director of Care	222
Tracy Beyer RPN	Residential Manager	223
Jennifer George	Director of Life Enrichment	227
Karen Ash	Director of Food and Env. Services	228
Christine Stanley	Office Manager	221
Charge Nurse		224
Kitchen		230
Residential Charge Nurse		233
Gina Gerrie	Hairdresser	232

# Royal Terrace News



# 2019

## January Special Events

- 3rd - Evening Pub with Maryanne Holst**
- 4th - Tim Hortons Chit Chat Café**
- 11th - Entertainment with Paul Hock**
- 16th - New Year's Smorg**
- 18th - Royal Terrace Winter Olympic**
- 21st - Accordion Music with Peter Ruigrok**
- 25th - Bill Muir performs**
- 26th - Entertainment with Leavin Tracks**
- 28th - Music with Al Crawford**



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[www.royalterracepalmerston.ca](http://www.royalterracepalmerston.ca)





# January 2019 LTC Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Sunshine Room</b> <b>Dining Room</b> <b>Quiet Lounge</b>		<b>1 NEW YEARS DAY</b> 10:15 Parachute Fitness 2:15 News & Views "Past Years Highlights" 4:15 1:1 I-pad	<b>2</b> 9:00 Visits with Trish 10:00 Catholic Mass 10:15 Ballfit Class 2:15 Big Word Scramble 4:15 Bedside Readings	<b>3</b> 10:15 Strengthening Class 2:15 Church Service and Communion with Rev. Hervey Shank 4:15 Ballfit 7:00 Evening Pub	<b>4</b> 10:15 Chair Zumba <b>2:15 Chit Chat Cafe</b> 4:15 1:1 Visits	<b>5</b> 10:15 Strengthening Class 2:15 Modified Bingo 4:15 1:1 readings
		<b>6</b> 10:15 1:1 Exercises 2:15 Travelogue 6:45 Drayton Christian Reformed Singers	<b>7</b> 10:15 Strengthening Class 11:00 Manicures 2:15 Motion & Music 4:15 Ballfit	<b>8</b> 10:15 Armchair Fitness 11:00 Bible Study <b>2:15 Euchre</b> <b>7:15 Cedarvale Youth                Choir</b>	<b>9</b> 10:15 Ballfit Class 2:15 BINGO 4:15 Bedside Readings	<b>10</b> 10:15 Strengthening Class 2:15 Church Service with Rev. George Russell 3:00 Tuck Shop 4:15 Ballfit
<b>13</b> 10:15 1:1 Exercises 2:15 Sentimental Productions 6:45 Drayton Reformed Singers	<b>14</b> 10:15 Strengthening Class 11:00 Manicures 2:15 Pizza Making 4:15 Ballfit	<b>15</b> 10:15 Parachute Fitness <b>2:15 Birthday Party with                The Hummingbird</b> 4:15 1:1 I-pad	<b>16</b> 9:00 Visits with Trish 10:15 Ballfit Class 2:15 Early Years Program  <b>5:00 New Year Smorg</b>	<b>17</b> 10:15 Strengthening Class 2:15 Church Service with Rev. Calvin Brown 4:15 Ballfit	<b>18</b> 10:15 Chair Zumba 2:15 Winter Olympics 4:15 1:1 Visits	<b>19</b> 10:15 Strengthening Class 2:15 Modified Bingo 4:15 1:1 readings
<b>20</b> 10:15 1:1 Exercises 2:15 Hymn Sing-a-long 6:45 Drayton Christian Reformed Singers	<b>21</b> 10:15 Strengthening Class 11:00 Manicures <b>2:15 Accordion Music                with Peter Ruigrok</b> 4:15 Ballfit	<b>22</b> 10:15 Armchair Fitness 11:00 Bible Study 2:15 Big Word Scramble 4:15 1:1 I-pad	<b>23</b> 9:00 Visits with Trish 10:15 Ballfit Class 2:15 BINGO 4:15 Bedside Readings	<b>24</b> 10:15 Strengthening Class 2:15 Church Service with Rev. Duane Vanderlaan 3:00 Tuck Shop 4:15 Ballfit	<b>25</b> 10:15 Chair Zumba <b>2:30 Bill Muir Performs</b> 4:15 1:1 Visits	<b>26 CLOTHING CLAIM</b> 10:15 Strengthening Class <b>2:15 Entertainment with                "Leavin Tracks"</b> 4:15 Hand Massages
<b>27 CLOTHING CLAIM</b> 10:15 1:1 Exercises 2:15 Afternoon Movie 6:45 Palmerston Missionary Singers	<b>28</b> 10:15 Strengthening Class 11:00 Manicures <b>2:15 Al Crawford                performs</b> 4:15 Ballfit	<b>29</b> 10:15 Parachute Fitness 2:15 Residents Council 4:15 1:1 I-pad	<b>30</b> 9:00 Visits with Trish 10:15 Ballfit Class 2:15 Wine & Cheese Social 4:15 Bedside Readings	<b>31</b> 10:15 Strengthening Class 2:15 Church Service with Rev. Paul Droogers 4:15 Ballfit		