

FEBRUARY SMORG

The Lovers Smorg is on Wednesday February 20th at 5pm in the Dining Room. Any guests who wish to attend please contact Tracy Beyer at 519-343-2611 Ext. 223, two weeks prior to reserve your seat as space is limited.



JUST A FRIENDLY REMINDER....

If you are feeling unwell, please postpone your visit till another day. When you are visiting please remember to sign-in in the book at the front door and sanitize your hands.

Royal Terrace Directory

<u>NAME</u>	<u>POSITION</u>	<u>TELEPHONE EXT.</u>
Shelley Gould	Administrator	236
Joyce Riehle, RN	Director of Care	222
Tracy Beyer RPN	Director of Retirement Home	223
Jennifer George	Director of Life Enrichment	227
Karen Ash	Director of Food and Env. Services	228
Christine Stanley	Office Manager	221
Charge Nurse		224
Kitchen		230
Residential Charge Nurse		233
Gina Gerrie	Hairdresser	232

Royal Terrace News

February

2019

February Special Events

1 - Pub with The Wellington County Band

8 - Jimmy the Crooner Performs

13 - Music with Maryann Holst

15 - Tim Horton's Social

18 - Accordion music with peter Ruigrok

19 - Birthday Party with the Hummingbird

20 - Lovers Smorg

22 - Entertainment with David Schmidt

26 - Wine & Cheese Social



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Palmerston, Ontario
N0G 2P0
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www.royalterracepalmerston.ca





February 2019 Residential Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>LEGEND: ▲ 1st Floor Lounge € Dining Room ® Room visits NO symbol = Library</p> <p style="text-align: center;"> <i>Happy Valentines Day</i> </p>						1 10:15 Chair Zumba 1:00 Exercise with Lindsay 2:15 Pub with The Wellington County Band	2 GROUNDHOG DAY 10:00 Fun & Fitness 2:15 Manicures
3 2:15 Super Bowl Facts & Trivia 6:45 Palmerston Christian Reformed Singers	4 10:00 Tea Social ▲ 1:00 Exercise with Lindsay 2:15 Big Floor Games	5 10:00 Fun & Fitness 11:00 Bible Study 2:15 Reminiscing	6 9:00 Visits with Trish ® 10:00 Fun & Fitness 10:00 Catholic Mass 2:15 Ice Cream €	7 10:30 Coffee Club ▲ 1:00 Exercise with Lindsay 2:15 Church Service and Communion with Rev. Kathy Morden 3:00 Tuck Shop	8 1:00 Exercise with Lindsay 10:30 Singing with Lorraine 2:15 Entertainment with Jimmy the Crooner	9 10:00 Fun & Fitness 2:15 Hot Chocolate Social €	
10 2:15 Foot Spas 6:45 Drayton Reform Singers	11 10:00 Tea Social ▲ 1:00 Exercise with Lindsay 2:15 Shuffleboard	12 10:00 Fun & Fitness 2:15 Milkshakes €	13 9:00 Visits with Trish ® 10:00 Fun & Fitness 2:15 Maryann Holst performs	14 VALENTINES DAY 10:30 Coffee Club ▲ 1:00 Exercise with Lindsay 2:15 Church Service with Rev. Ernie Naylor	15 1:00 Exercise with Lindsay 10:15 Chair Zumba 2:15 Tim Horton's Social €	16 10:00 Fun & Fitness 2:15 Manicures	
17 2:15 Foot Spas 6:45 Palmerston Christian Reformed Singers	18 FAMILY DAY 10:00 Tea Social ▲ 2:15 Music with Peter Ruigrok	19 10:00 Fun & Fitness 11:00 Bible Study 2:15 Birthday Party with The Hummingbird	20 9:00 Visits with Trish ® 10:00 Fun & Fitness 2:15 Afternoon Movie 5:00 Lovers Smorg	21 10:30 Coffee Club ▲ 1:00 Exercise with Lindsay 2:15 Church Service with Rev. Phil DesJardine Women's Institute Meeting 6:30 pm	22 10:30 Singing with Lorraine 1:00 Exercise with Lindsay 2:15 Entertainment With David Schmidt	23 10:00 Fun & Fitness 2:15 Seventh -Day Adventist Church	
24 2:15 Foot Spas 6:45 Evangelical Missionary Church Singers	25 10:00 Tea Social ▲ 1:00 Exercise with Lindsay	26 10:00 Fun & Fitness 2:15 Wine & Cheese €	27 9:00 Visits with Trish ® 10:00 Fun & Fitness 2:15 RAP Session	28 10:30 Coffee Club ▲ 1:00 Exercise with Lindsay 2:15 In-House Church Service	Sunshine Room Dining Room Quiet Lounge		