

FEBRUARY SMORG

The Lovers Smorg is on Wednesday February 20th at 5pm in the Dining Room. Any guests who wish to attend are to contact to kitchen staff at 519-343-2611

Ext. 230, two weeks prior to reserve your seat as space is limited.



JUST A FRIENDLY REMINDER....

If you are feeling unwell, please postpone your visit till another day. When you are visiting please remember to sign-in in the book at the front door and sanitize your hands.

Royal Terrace Directory

<u>NAME</u>	<u>POSITION</u>	<u>TELEPHONE EXT.</u>
Shelley Gould	Administrator	236
Joyce Riehle, RN	Director of Care	222
Tracy Beyer RPN	Director of Retirement Home	223
Jennifer George	Director of Life Enrichment	227
Karen Ash	Director of Food and Env. Services	228
Christine Stanley	Office Manager	221
Charge Nurse		224
Kitchen		230
Residential Charge Nurse		233
Gina Gerrie	Hairdresser	232

Royal Terrace News

February

2019

February Special Events

- 1 - Pub with The Wellington County Band**
- 8 - Jimmy the Crooner Performs**
- 13 - Music with Maryann Holst**
- 15 - Chit Chat Café (Tim Hortons)**
- 18 - Accordion music with peter Ruigrok**
- 19 - Birthday Party with the Hummingbird**
- 20 - Lovers Smorg**
- 22 - Entertainment with David Schmidt**
- 27 - Wine & Cheese Social**



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Palmerston, Ontario
N0G 2P0
Tel: (519) 343-2611
www.royalterracepalmerston.ca





February 2019 LTC Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 10:15 Chair Zumba 2:15 Pub with The Wellington County Band 4:15 1:1 Visits	2 GROUNDHOG DAY 10:15 Strengthening Class 2:15 Big Word Scramble 4:15 1:1 readings
3 10:15 1:1 Exercises 2:15 Super Bowl Facts & Trivia 6:45 Palmerston Christian Reformed Singers	4 10:15 Strengthening Class 11:00 Manicures 2:15 Baking 4:15 Ballfit with Leslie	5 10:15 Armchair Fitness 11:00 Bible Study 2:15 Reading Group	6 9:00 Visits with Trish 10:00 Catholic Mass 10:15 Ballfit Class 2:15 BINGO 4:15 Bedside Readings	7 10:15 Strengthening Class 2:15 Church Service and Communion with Rev. Kathy Morden 3:00 Tuck Shop 4:15 Ballfit with Leslie	8 10:15 Chair Zumba 2:15 Entertainment with Jimmy the Crooner 4:15 1:1 Visits	9 10:15 Strengthening Class 2:15 Modified Bingo 4:15 1:1 readings
10 10:15 1:1 Exercises 2:15 Sentimental Video 6:45 Drayton Reform Singers	11 10:15 Strengthening Class 11:00 Manicures 2:15 Artists Corner 4:15 Ballfit with Leslie	12 10:15 Parachute Fitness 2:15 Karaoke 4:15 I pad visits	13 9:00 Visits with Trish 10:15 Ballfit Class 2:15 Maryann Holst performs 4:15 Bedside Visits	14 VALENTINES DAY 10:15 Strengthening Class 2:15 Church Service with Rev. Ernie Naylor 4:15 Ballfit with Leslie	15 10:15 Chair Zumba 2:15 Chit Chat Café (Tim Hortons) 4:15 1:1 Visits	16 10:15 Strengthening Class 2:15 Trivia & Tea 4:15 1:1 readings
17 10:15 1:1 Exercises 2:15 Afternoon Movie 6:45 Palmerston Christian Reformed Singers	18 FAMILY DAY 10:15 Strengthening Class 11:00 Manicures 2:15 Music with Peter Ruigrok 4:15 Ballfit with Leslie	19 10:15 Armchair Fitness 11:00 Bible Study 2:15 Birthday Party with The Hummingbird	20 9:00 Visits with Trish 10:15 Ballfit Class 2:15 BINGO 4:15 Bedside Readings 5:00 Lovers Smorg	21 10:15 Strengthening Class 2:15 Church Service with Rev. Phil DesJardine 4:15 Ballfit with Leslie	22 10:15 Chair Zumba 2:15 Entertainment With David Schmidt 4:15 1:1 Visits	23 10:15 Strengthening Class 2:15 Seventh –Day Adventist Church 4:15 1:1 readings
24 10:15 1:1 Exercises 2:15 Cards & Games 6:45 Evangelical Missionary Church Singers	25 10:15 Strengthening Class 11:00 Manicures 2:15 Residents Council 4:15 Ballfit with Leslie	26 10:15 Parachute Fitness 2:15 Pizza Making 4:15 Hand Massages	27 9:00 Visits with Trish 10:15 Ballfit Class 2:15 Wine & Cheese Social 4:15 Bedside Readings	28 10:15 Strengthening Class 2:15 In-House Church Service 4:15 Ballfit with Leslie	Sunshine Room Dining Room Quiet Lounge	