



**Wishing You All The
Best In 2020**



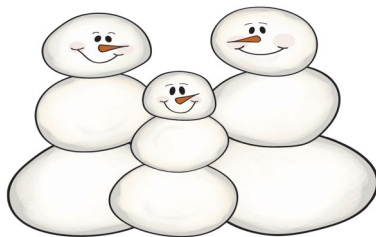
SMORG

The New Year Smorg is on Wednesday January 15th at 5pm in the Dining Room.

Any guests who wish to attend are to contact Tracy Beyer at 519-343-2611 ext. 223, two weeks prior to reserve your seat as space is limited.

Have you lost an article of clothing???

On January 25th/26th all non-labeled clothing will be set out in the Library for claiming. If you find something that belongs to you please take it to the Nurses Station for it to be labelled :)



Royal Terrace Directory

<u>NAME</u>	<u>POSITION</u>	<u>TELEPHONE EXT.</u>
Shelley Gould	Administrator	236
Joyce Riehle, RN	Director of Care	222
Tracy Beyer RPN	Residential Manager	223
Jennifer George	Director of Life Enrichment	227
Karen Ash	Director of Food and Env. Services	228
	Office Manager	221
Charge Nurse		224
Kitchen		230
Residential Charge Nurse		233
Gina Gerrie	Hairdresser	232

Royal Terrace News



2020

January Special Events

7th - Bill Muir Entertains

9th - Evening Pub Entertainment

15th - New Year Smorg

17th - Music with PJ Mack

20th - Accordion Music with Peter Ruigrok

26th - Leavin Tracks Performs

28th - Entertainment with Erick Traplin

31st - Paul Hock Entertains



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Palmerston, Ontario
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www.royalterracepalmerston.ca





January 2020 Residential Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LEGEND: ☀ Sunshine Room € Dining Room ▲ 1st Floor Lounge ® Room visits No symbol Library			1 NEW YEARS DAY 10:00 Fun & Fitness 2:15 2019 Highlights, New Year Resolutions	2 10:15 Coffee Club ▲ 1:00 Exercise with Courtney 2:15 Church Service and Communion with Rev. Hervey Shank	3 10:15 Chair Zumba ☀ 1:00 Exercise with Courtney 2:15 Ice Cream Sundae's €	4 10:00 Fun & Fitness 2:15 Manicures
5 2:15 Foot Spas 6:45 Drayton Christian Reformed Singers	6 10:30 Storytime with Betty 1:00 Exercise with Courtney 2:15 Gents Club with Greg ☀	7 10:00 Fun & Fitness 11:00 Bible Study 2:15 Bill Muir Entertains	8 9:30 Visits with Trish. ® 10:00 Fun & Fitness 2:15 BINGO	9 10:15 Coffee Club ▲ 1:00 Exercise with Courtney 2:15 Church Service with Rev. Ernie Naylor 3:15 Tuck Shop ☀ 7:00 Evening Pub	10 10:30 Singing with Lorraine & Friends 1:00 Exercise with Courtney 2:15 Afternoon Movie	11 10:00 Fun & Fitness 2:15 Hot Chocolate Social €
12 2:15 Foot Spas 6:45 Drayton Reformed Singers	13 10:30 Storytime with Betty 1:00 Exercise with Courtney 2:15 Tim Horton's €	14 10:00 Fun & Fitness 2:15 Euchre	15 9:30 Visits with Trish ® 10:00 Fun & Fitness 2:15 Daycare Visits 5:00 New Year Smorg	16 10:15 Coffee Club ▲ 1:00 Exercise with Courtney 2:15 Church Service with Rev. Kathy Morden	17 10:15 Chair Zumba ☀ 1:00 Exercise with Courtney 2:15 PJ Mack Performs	18 10:00 Fun & Fitness 2:15 Manicures
19 2:15 Foot Spas 6:45 Drayton Christian Reformed Singers	20 10:30 Storytime with Betty 1:00 Exercise with Courtney 2:15 Accordion Music with Peter Ruigrok	21 10:00 Fun & Fitness 11:00 Bible Study 2:15 Birthday Party with The Humming- bird	22 9:30 Visits with Trish ® 10:00 Fun & Fitness 2:15 Afternoon Tea ▲	23 10:15 Coffee Club ▲ 1:00 Exercise with Courtney 2:15 Church Service with Rev. Phil DesJardine 3:15 Tuck Shop ☀	24 10:30 Singing with Lorraine & Friends 1:00 Exercise with Courtney 2:15 Wine & Cheese €	25 CLOTHING CLAIM 10:00 Fun & Fitness 2:15 "The Year of the Rat" Facts, Trivia & Chinese Tea
26 CLOTHING CLAIM 2:15 Music with Leavin Tracks 6:45 Palmerston Missionary Singers	27 10:30 Storytime with Betty 1:00 Exercise with Courtney 2:15 Shuffleboard	28 10:00 Fun & Fitness 2:15 Entertainment with Erick Traplin	29 9:30 Visits with Trish ® 10:00 Fun & Fitness 2:15 RAP Session	30 10:15 Coffee Club ▲ 1:00 Exercise with Courtney 2:15 Church Service with Rev. Calvin Brown	31 10:15 Chair Zumba ☀ 1:00 Exercise with Courtney 2:15 Paul Hock Performs	Sunshine Room Dining Room Quiet Lounge