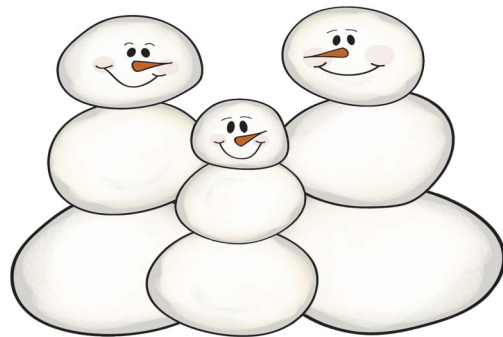




**Wishing You All The  
Best In 2023**



**Have you lost an article of clothing???**  
On January 22/23 all non-labeled clothing will be set out in the Library for claiming. If you find something that belongs to you please take it to the Nurses Station for it to be labelled.



| <b>Royal Terrace Directory</b> |                                    |                       |
|--------------------------------|------------------------------------|-----------------------|
| <u>NAME</u>                    | <u>POSITION</u>                    | <u>TELEPHONE EXT.</u> |
| Jennifer George                | Administrator                      | 236                   |
| Hailey Caldwell, RN            | Director of Care                   | 222                   |
| Tracy Beyer RPN                | Residential Manager                | 223                   |
| Brianne Bell                   | Director of Life Enrichment        | 227                   |
| Karen Ash                      | Director of Food and Env. Services | 228                   |
| Charge Nurse                   |                                    | 224                   |
| Kitchen                        |                                    | 230                   |
| Residential Charge Nurse       |                                    | 233                   |
| Laura Binning                  | Hairdresser                        | 232                   |

# Royal Terrace News



## 2023

### January Special Events

***HAPPY NEW YEAR!***

***6th—Pub with Al Crawford***

***9th—Jimmy's Old Time Music***

***16th—Performance by Peter Ruigrok***

***20th—Music with Maryanne Holst***

***24th—Johnny Borton Performs***

***31st—Entertainment with The Haywards***




600 Whites Road  
Palmerston, Ontario  
N0G 2P0  
Tel: (519) 343-2611  
[www.royalterracepalmerston.ca](http://www.royalterracepalmerston.ca)





# January 2023 Residential Activity Calendar



| SUNDAY   | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY   |   |  |
|--|---|---|---|--|--|--|---|--|
| <b>1 HAPPY NEW YEARS</b><br>10:30 Morning Tea<br>2:15 New Year's Foot Spas | <b>2</b><br>Fun & Fitness<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br>2:15 Ring Toss                                 | <b>3</b><br>Exercise with Mallory<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br>2:15 Euchre & Crokinole                  | <b>4</b><br>Fun & Fitness<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br><b>2:15 BINGO</b>                | <b>5</b><br>Exercise with Mallory<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br><b>2:15 Church Service with Ken Mohle</b>         | <b>6</b><br>Fun & Fitness<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br><b>2:15 Pub with Al Crawford</b>      | <b>7</b><br>Fun & Fitness<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br>2:15 Word Games                 |   |  |
| <b>8</b><br>10:30 Morning Tea<br>2:15 Manicures                            | <b>9</b><br>Fun & Fitness<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br><b>2:15 Jimmy's Old Time Music Performance</b> | <b>10</b><br>Exercise with Mallory<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br>2:15 Travel to the Arctic               | <b>11</b><br>Fun & Fitness<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br><b>2:15 Birthday Party</b>      | <b>12</b><br>Exercise with Mallory<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br><b>2:15 Church Service with Rev Kathy Morden</b> | <b>13</b><br>Fun & Fitness<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br>2:15 Mobi Table Games                | <b>14</b><br>Fun & Fitness<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br>2:15 Afternoon Movie           |   |  |
| <b>15</b><br>10:30 Morning Tea<br>2:15 Foot Spas                           | <b>16</b><br>Fun & Fitness<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br><b>2:15 Music with Peter Ruigrok</b>          | <b>17</b><br>Exercise with Mallory<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br>2:15 Gent's Club                        | <b>18</b><br>Fun & Fitness<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br><b>2:15 Tim Horton's Social</b> | <b>19</b><br>Exercise with Mallory<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br>2:15 Floor Games                                 | <b>20</b><br>Fun & Fitness<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br><b>2:15 Maryann Holst Entertains</b> | <b>21 CLOTHING CLAIM</b><br>Fun & Fitness<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br>2:15 Word Games |   |  |
| <b>22 CLOTHING CLAIM</b><br>10:30 Morning Tea<br>2:15 Manicures            | <b>23</b><br>Fun & Fitness<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br><b>2:15 Afternoon Tea</b>                     | <b>24</b><br>Exercise with Mallory<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br><b>2:15 Music with Johnny Borton</b>    | <b>25</b><br>Fun & Fitness<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br><b>2:15 RAP Session</b>         | <b>26</b><br>Exercise with Mallory<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br><b>2:15 Church Service with Rev Nick Pavel</b>   | <b>27</b><br>Fun & Fitness<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br><b>2:15 Celebration Party!</b>       | <b>28</b><br>Fun & Fitness<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br>2:15 Afternoon Movie           |   |  |
| <b>29</b><br>10:30 Morning Tea<br>2:15 Foot Spas                           | <b>30</b><br>Fun & Fitness<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br>2:15 Word Scramble                            | <b>31</b><br>Exercise with Mallory<br>Group 1: 11:00 am<br>Group 2: 11:30 am<br><b>2:15 Performance by The Haywards</b> | <b>Library</b><br><br><b>Dining Room</b>  |  |  |  | <b>ACTIVITY PROFESSIONALS WEEK 22-28</b><br> |  |