



**Wishing You All The
Best In 2023**



Royal Terrace News

JANUARY

2023

January Special Events

HAPPY NEW YEAR!

6th—Pub with Al Crawford

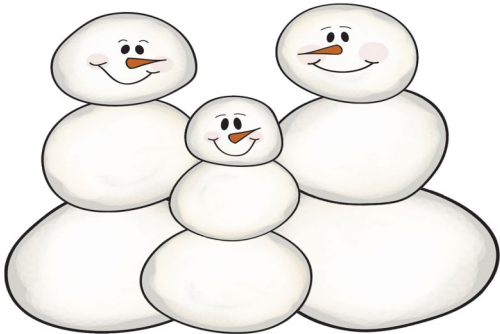
9th—Jimmy's Old Time Music

16th—Performance by Peter Ruigrok

20th—Music with Maryanne Holst

24th—Johnny Borton Performs

31st—Entertainment with The Haywards



Royal Terrace Directory

<u>NAME</u>	<u>POSITION</u>	<u>TELEPHONE EXT.</u>
Jennifer George	Administrator	236
Hailey Caldwell, RN	Director of Care	222
Tracy Beyer RPN	Residential Manager	223
Brianne Bell	Director of Life Enrichment	227
Karen Ash	Director of Food and Env. Services	228
Charge Nurse		224
Kitchen		230
Residential Charge Nurse		233
Laura Binning	Hairdresser	232



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January 2023 LTC Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 HAPPY NEW YEARS AM 1:1 Exercises PM New Years Resolutions - Would you Rather	2 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Hand Bell Choir PM Mobii Games	3 10:15 & 11:00 Stretch and Flex AM Video Calls 2:15 SPA Afternoon PM Hand Massages	4 AM Visits with Trish 10:15 & 11:00 Ballfit Class AM Video Calls 2:15 BINGO PM Bedside Readings	5 10:15 & 11:00 Strengthening Class AM Video Calls 2:15 Church Service with Ken Mohle 3:30 Tuck Shop 7:00 Darts	6 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Pub with Al Crawford PM 1:1 Visits	7 Video Calls All Day AM 1:1 Exercises PM Euchre Club 2:30 Modified Bingo PM 1:1 Visits	
8 AM 1:1 Exercises 2:15 Online Church Service 7:00 Hymn Sing-a-long	9 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Jimmy's Old Time Music Performance PM 1:1 Sensory Visits	10 10:15 & 11:00 Stretch and Flex AM Video Calls 2:15 Cards and Games PM Mobii Games	11 10:15 & 11:00 Ballfit Class AM Video Calls 2:15 Crafty Hands PM Montessori Activities	12 10:15 & 11:00 Strengthening Class AM Video Calls 2:15 Church Service with Rev Kathy Morden PM Ball Toss 7:00 Hangman	13 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Snowflake social PM 1:1 Visits	14 Video Calls All Day AM 1:1 Exercises PM Euchre Club 2:30 Noodle Ball PM 1:1 Visits	
15 AM 1:1 Exercises 2:15 Online Church Service 7:00 Short Stories	16 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Music with Peter Ruigrok PM 1:1 Social Visits	17 10:15 & 11:00 Stretch and Flex AM Video Calls 2:15 Birthday Party AM Hand Massages	18 10:15 & 11:00 Ballfit Class AM Video Calls 2:15 BINGO 4:15 Mobii Games	19 10:15 & 11:00 Strengthening Class AM Video Calls 2:15 Daily Devotional 3:30 Tuck Shop 7:00 Ring Toss	20 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Maryann Holst Entertains PM 1:1 Visits	21 CLOTHING CLAIM Video Calls All Day AM 1:1 Exercises PM Euchre Club 2:30 Movie Afternoon PM 1:1 Visits	
22 CLOTHING CLAIM AM 1:1 Exercises 2:15 Online Church Service 7:00 Sentimental Music	23 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Jeopardy Quiz PM Mobii Games	24 10:15 & 11:00 Stretch and Flex AM Video Calls 2:15 Music with Johnny Borton PM 1:1 I-pad	25 AM Visits with Trish 10:15 & 11:00 Ballfit Class AM Video Calls 2:15 Target Practice PM Montessori Activities	26 10:15 & 11:00 Strengthening Class AM Video Calls 2:15 Church Service with Rev Nick Pavel PM Ball Toss 7:00 Word Scramble	27 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Celebration Party! PM 1:1 Visits	28 Video Calls All Day AM 1:1 Exercises PM Euchre Club 2:30 Floor Curling PM 1:1 Visits	
29 AM 1:1 Exercises 2:15 Online Church Service 7:00 Calm Colouring	30 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Resident Council PM 1:1 Social Visits	31 10:15 & 11:00 Stretch and Flex 2:15 Performance by The Haywards 4:15 1:1 I-pad	Sunshine Room Dining Room Quiet Lounge			ACTIVITY PROFESSIONALS WEEK 22-28	
** PROGRAMS ARE SUBJECT TO CHANGE **							

