

# Royal Terrace News

Happy St Patrick's Day!



# MARCH

## 2023

### March Special Events

***3rd—Afternoon Pub with Maryann Holst***

***8th—Jimmy's Old Time Music***

***14th—Henry Winter Entertains***

***17th—St. Patrick's Day Social***

***20th—Music with Peter Ruigrok***

***24th—Michael Kelly Cavan Performs***

***28th—Entertainment with Johnny Borton***

<b>Royal Terrace Directory</b>		
<b><u>NAME</u></b>	<b><u>POSITION</u></b>	<b><u>TELEPHONE EXT.</u></b>
Jennifer George	Administrator	236
Hailey Caldwell, RN	Director of Care	222
Tracy Beyer RPN	Director of Retirement Home	223
Brianne Bell	Director of Life Enrichment	227
Karen Ash	Director of Food and Env. Services	228
Charge Nurse		224
Kitchen		230
Residential Charge Nurse		233
Laura Binning	Hairdresser	232



600 Whites Road  
Palmerston, Ontario  
N0G 2P0  
Tel: (519) 343-2611  
[www.royalterracepalmerston.ca](http://www.royalterracepalmerston.ca)



# ♣ March 2023 LTC Activity Calendar ♣

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
<b>** CALENDAR SUBJECT TO CHANGE DUE TO RESTRICTIONS **</b>						<b>1</b> AM Visits with Trish <b>10:30 Catholic Mass</b> 10:15 & 11:00 Ballfit Class AM Video Calls 2:15 BINGO PM Mobii Table	<b>2</b> 10:15 & 11:00 Strengthening Class AM Video Calls <b>2:15 Church Service and Communion with Rev Ernie Naylor</b> 3:30 Tuck Shop	<b>3</b> 10:00 Manicures 10:15 & 11:00 Chair Zumba <b>11:00 Journey through the senses</b> <b>2:15 Pub with Maryann Holst</b> PM 1:1 Friendly Visits	<b>4</b> Video Calls All Day AM 1:1 Exercises PM Euchre 2:30 Shuffle Board PM Bedside Readings
<b>5</b> Video Calls All Day AM 1:1 Exercises 10:00 TV Church Service 2:30 Shake loose a memory reminiscing PM 1:1 Memory Match	<b>6</b> 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Hand Bell Choir PM 1:1 Friendly Visits	<b>7</b> 10:15 & 11:00 Stretch & Flex AM Video Calls 2:15 Baking Club PM 1:1 I-pad	<b>8</b> AM Visits with Trish <b>10:00 Bible Study</b> 10:15 & 11:00 Ballfit Class AM Video Calls <b>2:15 Jimmy's Old Time Music</b> PM Bedside Readings	<b>9</b> 10:15 & 11:00 Strengthening Class AM Video Calls <b>2:15 Church Service with Ken Mohle</b> PM Mobii Table	<b>10</b> 10:15 & 11:00 Chair Zumba <b>11:00 Journey through the senses</b> 2:15 Family Feud Trivia PM 1:1 Friendly Visits	<b>11</b> Video Calls All Day AM 1:1 Exercises PM Euchre 2:30 Tissue Paper Art PM Hand Massages			
<b>12 TURN CLOCKS AHEAD</b> Video Calls All Day AM 1:1 Exercises 10:00 TV Church Service 2:30 Last letter first PM 1:1 Colouring	<b>13</b> 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Armchair Travel PM 1:1 Friendly Visits	<b>14</b> <b>10:00 Bible Study</b> 10:15 & 11:00 Stretch & Flex AM Video Calls <b>2:15 Performance by Henry Winter</b> PM 1:1 Hand Massages	<b>15</b> AM Visits with Trish 10:15 & 11:00 Ballfit Class AM Video Calls 2:15 BINGO PM Mobii Table	<b>16</b> 10:15 & 11:00 Strengthening Class 2:15 Daily Devotion 3:30 Tuck Shop	<b>17 ST. PATRICK'S DAY</b> 10:15 & 11:00 Chair Zumba <b>11:00 Journey through the senses</b> <b>2:15 St. Patrick's Day Social</b> PM 1:1 Friendly Visits	<b>18</b> Video Calls All Day AM 1:1 Exercises PM Euchre 2:30 DIY Bird Feeders PM Bedside Readings			
<b>19</b> Video Calls All Day AM 1:1 Exercises 10:00 TV Church Service 2:30 Hand Bell Choir PM 1:1 Puzzles	<b>20 SPRING BEGINS</b> 10:15 & 11:00 Strengthening Class 11:00 Manicures <b>2:30 Accordion Music with Peter Ruigrok</b> PM 1:1 Friendly Visits	<b>21</b> 10:15 & 11:00 Stretch & Flex AM Video Calls 2:15 Birthday Party PM 1:1 I-pad	<b>22</b> AM Visits with Trish 10:15 & 11:00 Ballfit Class AM Video Calls 2:15 SPA Afternoon PM Bedside Readings	<b>23</b> 10:15 & 11:00 Strengthening Class AM Video Calls <b>2:15 Church Service with Rev Nick Pavel</b> PM Mobii Table	<b>24</b> 10:00 Manicures 10:15 & 11:00 Chair Zumba <b>11:00 Journey through the senses</b> <b>2:15 Michael Kelly Cavan Performs</b> PM 1:1 Friendly Visits	<b>25</b> Video Calls All Day AM 1:1 Exercises PM Euchre 2:30 Modified Bingo PM Hand Massages			
<b>26 Wear Purple for Epilepsy</b> Video Calls All Day AM 1:1 Exercises 10:00 TV Church Service 2:30 Hangman PM 1:1 Word Search	<b>27</b> 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Resident Council PM 1:1 Friendly Visits	<b>28</b> <b>10:00 Bible Study</b> 10:15 & 11:00 Stretch & Flex AM Video Calls <b>2:15 Music with Johnny Borton</b> PM 1:1 Hand Massages	<b>29</b> AM Visits with Trish 10:15 & 11:00 Ballfit Class AM Video Calls 2:15 Wine & Cheese Social PM 1:1 Readings	<b>30</b> 10:15 & 11:00 Strengthening Class AM Video Calls <b>2:15 Church Service with Rev Phil DesJardine</b> PM Mobii Table	<b>31</b> 10:15 & 11:00 Chair Zumba <b>11:00 Journey through the senses</b> 2:15 Science Club PM 1:1 Friendly Visits	<b>Sunshine Room</b> <b>Dining Room</b> <b>Quiet Lounge</b>			