



## BUS OUTING

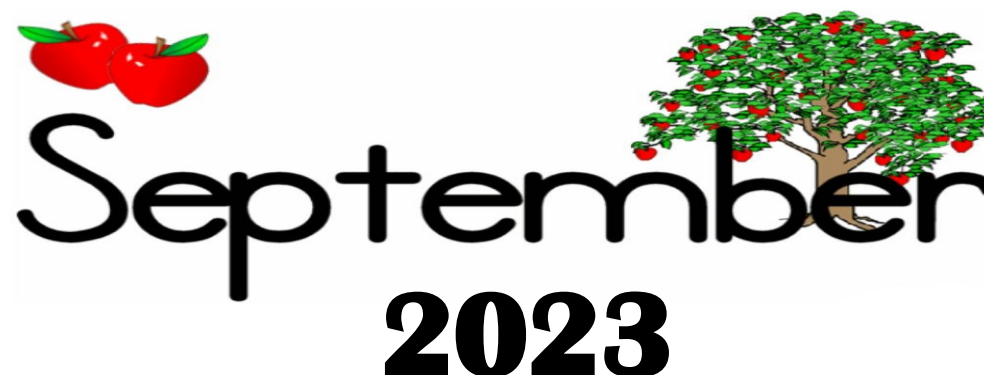
The morning of September 29th we will be going on a scenic bus outing. We will begin loading the bus around 10am and return to Royal Terrace around 11:30am.

You must pre-register as seats are limited.

Please contact Tracy Beyer at 519 343 2611 ext 223

Royal Terrace Directory		
NAME	POSITION	TELEPHONE EXT.
Jennifer George	Administrator	236
Hailey Caldwell, RN	Director of Care	222
Tracy Beyer RPN	Director of Retirement Home	223
Brianne Bell	Director of Life Enrichment	227
Karen Ash	Director of Food and Env. Services	228
Charge Nurse		224
Kitchen		230
Residential Charge Nurse		233
Laura Binning	Hairdresser	232

# Royal Terrace LTC News



## September Special Events

***1st—Pub Afternoon with PJ Mack***

***8th—Michael Kelly Cavan Performs***

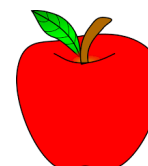
***12th—Music with The Haywards***

***18th—Peter Ruigrok on the Accordion***

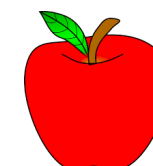
***22nd—Entertainment by David & The Retros***

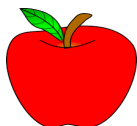
***26th—Peter Baumann Entertains***

***29th—Scenic Bus Tour  
(pre-registration required)***

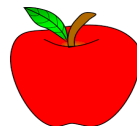


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[www.royalterracepalmerston.ca](http://www.royalterracepalmerston.ca)





# September 2023 Residential Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>** THIS CALENDAR IS SUBJECT TO CHANGE **</b>  11-17 Residents' Council Week					<b>1</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  <b>2:15 Pub with PJ Mack</b>	<b>2</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  2:15 Afternoon Movie
<b>3</b>  10:30 am Morning Tea  2:15 Manicures	<b>4 LABOUR DAY</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  2:15 Floor Games	<b>5</b> Exercise with Mallory Group 1: 11 am Group 2: 11:30 am  2:15 Noodle Ball	<b>6</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am <b>AM Visits with Trish</b> <b>10:30 Catholic Mass</b> <b>2-3:30 Community Euchre</b> 2:15 Travel to PEI	<b>7</b> Exercise with Mallory Group 1: 11 am Group 2: 11:30 am <b>2:15 Church Service and Communion with Rev Phil DesJardine</b> <b>3:30 Tuck Shop</b>	<b>8 AM</b> Horse Visits Fun & Fitness Group 1: 11 am Group 2: 11:30 am  <b>2:15 Music with Michael Kelly Cavan</b>	<b>9</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  2:15 Mobii Table Games
<b>10 GRANDPARENT DAY</b>  10:30 am Morning Tea  2:15 Foot Spas	<b>11</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  2:15 Hole in One Game	<b>12</b> Exercise with Mallory Group 1: 11 am Group 2: 11:30 am  <b>2:15 The Haywards Performs</b>	<b>13</b> <b>AM Visits with Trish</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  2:15 Bowling	<b>14</b> Exercise with Mallory Group 1: 11 am Group 2: 11:30 am  <b>2:15 Church Service with Pastor Duane Vanderlaan</b>	<b>15 AM</b> Palmerston Library Visits Fun & Fitness Group 1: 11 am Group 2: 11:30 am  <b>2:15 Ice Cream Sundae's</b>	<b>16</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  2:15 Church with Jeff Hawkins
<b>17</b>  10:30 am Morning Tea  2:15 Manicures	<b>18</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  <b>2:15 Accordion Music with Peter Ruigrok</b>	<b>19</b> Exercise with Mallory Group 1: 11 am Group 2: 11:30 am  <b>2:15 Birthday Party</b>	<b>20</b> <b>AM Visits with Trish</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  <b>2:15 RAP Session</b>	<b>21</b> Exercise with Mallory Group 1: 11 am Group 2: 11:30 am  2:15 Pool and Crokinole <b>3:30 Tuck Shop</b>	<b>22 AM</b> Horse Visits Fun & Fitness Group 1: 11 am Group 2: 11:30 am  <b>2:15 Entertainment by Dave &amp; The Retros</b>	<b>23 FALL BEGINS</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  2:15 Hangman
<b>24</b>  10:30 am Morning Tea  2:15 Foot Spas	<b>25</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  <b>2:15 Tim Hortons Social</b>	<b>26</b> Exercise with Mallory Group 1: 11 am Group 2: 11:30 am  <b>2:15 Peter Baumann Entertains</b>	<b>27</b> <b>AM Visits with Trish</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  <b>2:15 Wine &amp; Cheese Social</b>	<b>28</b> Exercise with Mallory Group 1: 11 am Group 2: 11:30 am  <b>2:15 Church Service with Rev Ernie Naylor</b>	<b>29</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  <b>10AM—12PM Bus Outing</b>	<b>30 LOST AND FOUND</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  2:15 Bean Bag Toss