



BUS OUTING

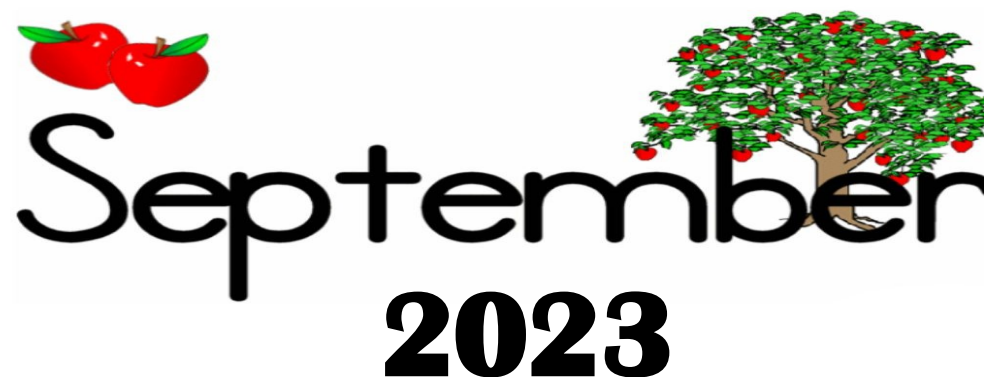
The morning of September 29th we will be going on a scenic bus outing. We will begin loading the bus around 10am and return to Royal Terrace around 11:30am.

You must pre-register as seats are limited.

Please contact Brianne Bell at 519 343 2611 ext 227

Royal Terrace Directory		
NAME	POSITION	TELEPHONE EXT.
Jennifer George	Administrator	236
Hailey Caldwell, RN	Director of Care	222
Tracy Beyer RPN	Director of Retirement Home	223
Brianne Bell	Director of Life Enrichment	227
Karen Ash	Director of Food and Env. Services	228
Charge Nurse		224
Kitchen		230
Residential Charge Nurse		233
Laura Binning	Hairdresser	232

Royal Terrace LTC News



September Special Events

1st—Pub Afternoon with PJ Mack

8th—Michael Kelly Cavan Performs

12th—Music with The Haywards

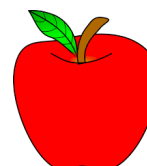
**18th—Mobile Clothing Sale
10am-2pm**

18th—Peter Ruigrok on the Accordion

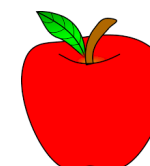
22nd—Entertainment by David & The Retros

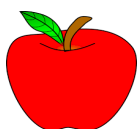
26th—Peter Baumann Entertains

**29th—Scenic Bus Tour
(pre-registration required)**

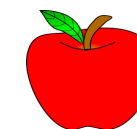


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September 2023 LTC Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
** THIS CALENDAR IS SUBJECT TO CHANGE ** 11-17 Residents' Council Week					1 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Pub with PJ Mack PM 1:1 Visits	2 10:15 Strengthening Class PM Euchre Club 2:15 Cards and Games PM Outdoor Visits
3 AM 1:1 Exercises 10:00 Online Church Service 2:15 Outdoor Games PM 1:1 Memory Match	4 LABOUR DAY 10:15 Strengthening Class 11:00 Manicures 2:15 Crafty Hands PM 1:1 Friendly Visits	5 10:15 & 11:00 Stretch N' Flex Class 2:15 Hand Bells PM Hand Massages	6 9:15 Pet Visits with Kylie AM Visits with Trish 10:30 Catholic Mass 10:15 & 11:00 Ballfit Class 2:15 BINGO PM Mobii Games	7 10:15 & 11:00 Strengthening Class 2:15 Church Service and Communion with Rev Phil DesJardine 3:30 Tuck Shop	8 AM Horse Visits 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Music with Michael Kelly Cavan PM 1:1 Visits	9 10:15 Strengthening Class PM Euchre Club 2:15 Cards and Games PM Outdoor Visits
10 GRANDPARENT DAY AM 1:1 Exercises 10:00 Online Church Service 2:15 Big Word Game PM 1:1 Colouring	11 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Coffee Social PM 1:1 Friendly Visits	12 10:15 & 11:00 Stretch N' Flex Class 2:15 The Haywards Performs PM 1:1 I-Pad Visits	13 9:15 Pet Visits with Kylie AM Visits with Trish 10:15 & 11:00 Ballfit Class 2:15 Baking Club PM Bedside Readings	14 10:15 & 11:00 Strengthening Class 2:15 Church Service with Pastor Duane Vanderlaan PM Mobii Games	15 AM Palmerston Library Visits 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 What's that Sound? PM 1:1 Visits	16 10:15 Strengthening Class PM Euchre Club 2:15 Harp Music with Elysha PM Outdoor Visits
17 AM 1:1 Exercises 10:00 Online Church Service 2:15 Hand Bells PM 1:1 Puzzles	18 Mobile Clothing Shop 10am-2pm 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Accordion Music with Peter Ruigrok PM 1:1 Friendly Visits	19 10:15 & 11:00 Stretch N' Flex Class 2:15 Birthday Party PM 1:1 Hand Massages	20 9:15 Pet Visits with Kylie AM Visits with Trish 10:15 & 11:00 Ballfit Class 2:15 BINGO PM Mobii Games	21 10:15 & 11:00 Strengthening Class 2:15 Daily devotional 3:30 Tuck Shop	22 AM Horse Visits 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Entertainment by Dave & The Retros PM 1:1 Visits	23 FALL BEGINS 10:15 Strengthening Class PM Euchre Club 2:15 Cards and Games PM Outdoor Visits
24 AM 1:1 Exercises 10:00 Online Church Service 2:15 Movie Afternoon 4:00 Hymn Music with Ryan	25 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Resident Council PM 1:1 Friendly Visits	26 10:15 & 11:00 Stretch N' Flex Class 2:15 Peter Baumann Entertains PM 1:1 I-Pad Visits	27 9:15 Pet Visits with Kylie AM Visits with Trish 10:15 & 11:00 Ballfit Class 2:15 Wine & Cheese Social PM Bedside Readings	28 10:15 & 11:00 Strengthening Class 2:15 Church Service with Rev Ernie Naylor PM Mobii Games	29 10:15 Chair Zumba 10AM—12PM Country Drive 2:15 Crafty Hands PM 1:1 Visits	30 LOST AND FOUND 10:15 Strengthening Class PM Euchre Club 2:15 Cards and Games PM New Calendar Delivery