



Royal Terrace News

February

2024

February Special Events

Shrove Tuesday Fun Fact!
 The first pancake day was in 1445.
 It is believed that Pancake Day/Shrove Tuesday started in 1445 in Olney.
 Olney is in Buckinghamshire, England.
 A lady was getting carried away with making pancakes when she heard the church bells for the Shrove Tuesday mass.
 She was late! The lady ran to the church with all of her pancakes and that's where the pancake tradition started.

2nd—Pub with The All Sorts Band

6th—Jimmy's Old Time Music

13th—Johnny Borton Entertains

HAPPY VALENTINES DAY

19th—Family Day Music with Peter Ruigrok

23rd—Performance by Michael Kelly Cavan

27th—Music with PJ Mack

Royal Terrace Directory		
<u>NAME</u>	<u>POSITION</u>	<u>TELEPHONE EXT.</u>
Jennifer George	Administrator	236
Hailey Caldwell, RN	Director of Care	222
Tracy Beyer RPN	Director of Retirement Home	223
Brianne Bell	Director of Life Enrichment	227
Karen Ash	Director of Food and Env. Services	228
Charge Nurse		224
Kitchen		230
Residential Charge Nurse		233
Laura Binning	Hairdresser	232



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February 2024 Residential Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
** CALENDAR IS SUBJECT TO CHANGE **				1 8 Exercise with Mallory Group 1: 11 am Group 2: 11:30 am 2:15 Church Service and Communion with Pastor Duane Vanderlaan	2 Fun & Fitness Group 1: 11 am Group 2: 11:30 am 2:15 Pub with The All Sorts Band	3 Fun & Fitness Group 1: 11 am Group 2: 11:30 am 2:15 Floor Curling
<i>Happy Valentines Day</i>						
4 10:30 Morning Tea 2:15 Manicures	5 Fun & Fitness Group 1: 11 am Group 2: 11:30 am 2:15 Noodle Ball	6 Exercise with Mallory Group 1: 11 am Group 2: 11:30 am 2:15 Jimmy's Old Time Music	7 Fun & Fitness Group 1: 11 am Group 2: 11:30 am 2:15 BINGO	8 Exercise with Mallory Group 1: 11 am Group 2: 11:30 am 2:15 Church Service with Ken Mohle 3:30 Tuck Shop-LTC	9 Fun & Fitness Group 1: 11 am Group 2: 11:30 am 2:15 Snowflake Social	10 Fun & Fitness Group 1: 11 am Group 2: 11:30 am 2:15 Afternoon M7ovie
11 10:30 Morning Tea 2:15 Foot Spas	12 Fun & Fitness Group 1: 11 am Group 2: 11:30 am 2:15 Euchre & Floor Games	13 SHROVE TUESDAY Exercise with Mallory Group 1: 11 am Group 2: 11:30 am 2:15 Johnny Borton Entertains	14 VALENTINES DAY ASH WEDNESDAY Fun & Fitness Group 1: 11 am Group 2: 11:30 am 2:15 Valentine Social	15 Exercise with Mallory Group 1: 11 am Group 2: 11:30 am 2:15 Church Service with Rev Nick Pavel	16 Fun & Fitness Group 1: 11 am Group 2: 11:30 am 2:15 Tim Horton's Social	17 Fun & Fitness Group 1: 11 am Group 2: 11:30 am 2:15 Church with Jeff Hawkins
18 10:30 Morning Tea 2:15 Manicures	19 FAMILY DAY Fun & Fitness Group 1: 11 am Group 2: 11:30 am 2:30 Accordion Music with Peter Ruigrok	20 Exercise with Mallory Group 1: 11 am Group 2: 11:30 am 2:15 Birthday Party	21 10:30 Catholic Mass Fun & Fitness Group 1: 11 am Group 2: 11:30 am 2:15 RAP Session	22 Exercise with Mallory Group 1: 11 am Group 2: 11:30 am 2:15 Church Service with Pastor Ken Labbe 3:30 Tuck Shop-LTC	23 Fun & Fitness Group 1: 11 am Group 2: 11:30 am 2:15 Michael Kelly Cavan Performs	24 Fun & Fitness Group 1: 11 am Group 2: 11:30 am 2:15 Bean Bag Toss
25 10:30 Morning Tea 2:15 Foot Spas	26 Fun & Fitness Group 1: 11 am Group 2: 11:30 am. 2:15 Ice Cream Social	27 Exercise with Mallory Group 1: 11 am Group 2: 11:30 am 2:15 Entertainment with PJ Mack 7:30 Brookside Choir	28 Fun & Fitness Group 1: 11 am Group 2: 11:30 am 2:15 Wine & Cheese Social	28 Exercise with Mallory Group 1: 11 am Group 2: 11:30 am 2:15 Church Service with Rev Jeff Hawkins	1st Floor Lounge Library Sunshine Room Dining Room Quiet Lounge	