



# Royal Terrace News

# February

## 2024

### February Special Events

**2nd—Pub with The All Sorts Band**

**6th—Jimmy's Old Time Music**

**13th—Johnny Borton Entertains**

**HAPPY VALENTINES DAY**

**19th—Family Day Music with Peter Ruigrok**

**23rd—Performance by Michael Kelly Cavan**

**27th—Music with PJ Mack**

### Shrove Tuesday Fun Fact!

The first pancake day was in 1445.

It is believed that Pancake Day/Shrove Tuesday started in 1445 in Olney.

Olney is in Buckinghamshire, England.

A lady was getting carried away with making pancakes when she heard the church bells for the Shrove Tuesday mass.

She was late! The lady ran to the church with all of her pancakes and that's where the pancake tradition started.

### Royal Terrace Directory

<u>NAME</u>	<u>POSITION</u>	<u>TELEPHONE EXT.</u>
Jennifer George	Administrator	236
Hailey Caldwell, RN	Director of Care	222
Tracy Beyer RPN	Director of Retirement Home	223
Brianne Bell	Director of Life Enrichment	227
Karen Ash	Director of Food and Env. Services	228
Charge Nurse		224
Kitchen		230
Residential Charge Nurse		233
Laura Binning	Hairdresser	232



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# February 2024 LTC Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
** CALENDAR IS SUBJECT TO CHANGE **						
				<b>1</b> 10:15 & 11:00 Strengthening Class 2:15 Church Service and Communion with Pastor Duane Vanderlaan PM Mobii Table	<b>2</b> 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Pub with The All Sorts Band PM 1:1 Friendly Visits	<b>3</b> 10:15 Strengthening Class 2:15 Euchre Club and Artist Corner PM Bedside Readings
<b>4</b> AM 1:1 Exercises 10:00 Online Church Service 2:15 Shuffle Board PM 1:1 Memory Match	<b>5</b> 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Sing-a-long PM 1:1 Friendly Visits	<b>6</b> 10:15 & 11:00 Stretch & Flex 2:15 Jimmy's Old Time Music PM 1:1 I-pad	<b>7</b> AM Pet Visits with Kylie AM Visits with Trish 10:15 & 11:00 Ballfit Class 2:15 BINGO PM Mobii Games	<b>8</b> 10:15 & 11:00 Strengthening Class 2:15 Church Service with Ken Mohle 3:30 Tuck Shop	<b>9</b> 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Snowflake Social PM 1:1 Friendly Visits	<b>10</b> 10:15 Strengthening Class 2:15 Euchre Club and Artist Corner PM Bedside Readings
<b>11</b> AM 1:1 Exercises 10:00 Online Church Service 2:15 Sentimental Music PM 1:1 Colouring	<b>12</b> 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Washer Toss PM 1:1 Friendly Visits	<b>13 SHROVE TUESDAY</b> 10:15 & 11:00 Stretch & Flex 2:15 Johnny Borton Entertains PM Hand Massages	<b>14 VALENTINES DAY ASH WEDNESDAY</b> AM Pet Visits with Kylie AM Visits with Trish 10:15 & 11:00 Ballfit Class 2:15 Valentine Social, Love Advice PM Bedside Readings	<b>15</b> 10:15 & 11:00 Strengthening Class 2:15 Church Service with Rev Nick Pavel PM Mobii Table	<b>16</b> AM Palmerston Library 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Coffee Social PM 1:1 Friendly Visits	<b>17</b> 10:15 Strengthening Class 2:15 Euchre Club and Artist Corner PM Bedside Readings
<b>18</b> AM 1:1 Exercises 10:00 Online Church Service 2:15 Hand Bells PM 1:1 Memory Match	<b>19 FAMILY DAY</b> 10:15 Strengthening Class 11:00 Manicures 2:30 Accordion Music with Peter Ruigrok PM 1:1 Friendly Visits	<b>20</b> 10:15 & 11:00 Stretch & Flex 2:15 Birthday Party PM 1:1 I-pad	<b>21</b> AM Pet Visits with Kylie AM Visits with Trish 10:30 Catholic Mass 10:15 & 11:00 Ballfit Class 2:15 BINGO PM Mobii Games	<b>22</b> 10:15 & 11:00 Strengthening Class 2:15 Church Service with Pastor Ken Labbe 3:30 Tuck Shop	<b>23</b> 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Michael Kelly Cavan Performs PM 1:1 Friendly Visits	<b>24</b> 10:15 Strengthening Class 2:15 Euchre Club and Artist Corner PM Beside Readings
<b>25</b> AM 1:1 Exercises 10:00 Online Church Service 2:15 Movie Afternoon 4:00 Hymn Music with Ryan	<b>26</b> 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Resident Council PM 1:1 Friendly Visits	<b>27</b> 10:15 & 11:00 Stretch & Flex 2:15 Entertainment with PJ Mack PM Hand Massages 7:30 Brookside Choir	<b>28</b> AM Pet Visits with Kylie AM Visits with Trish 10:15 & 11:00 Ballfit Class 2:15 Wine & Cheese Social PM Bedside Readings	<b>28</b> 10:15 & 11:00 Strengthening Class 2:15 Church Service with Rev Jeff Hawkins PM Mobii Table	<b>Sunshine Room</b> <b>Dining Room</b> <b>Quiet Lounge</b>	