



MARCH

2024

**March Special Events**

***1st—Pub Day with The All Sorts Band***

***8th—Brent Meidinger Performs***

***12th—Music with Eric Lunn***

***12th—Evening: Living Hope Choir***

***18th—Accordion Music with Peter Ruigrok***

***22nd—The Haywards Entertain***

***26th—Performance by Peter Baumann***

***26th—Evening: Cedarvale Choir***

***HAPPY EASTER!***



Royal Terrace Directory		
NAME	POSITION	TELEPHONE EXT.
Jennifer George	Administrator	236
Hailey Caldwell, RN	Director of Care	222
Tracy Beyer RPN	Director of Retirement Home	223
Brianne Bell	Director of Life Enrichment	227
Karen Ash	Director of Food and Env. Services	228
Charge Nurse		224
Kitchen		230
Residential Charge Nurse		233
Laura Binning	Hairdresser	232



600 Whites Road  
Palmerston, Ontario  
N0G 2P0  
Tel: (519) 343-2611  
[www.royalterracepalmerston.ca](http://www.royalterracepalmerston.ca)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div> <h1>March 2024 LTC Activity Calendar</h1>  </div>					<b>1</b> 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Pub with The All Sorts Band PM 1:1 Friendly Visits	<b>2</b> 10:15 Strengthening Class 2:15 Euchre Club and Artist Corner PM Bedside Readings
<b>3</b> AM 1:1 Exercises 10:00 Church Service on TV 2:15 Modified Bingo PM 1:1 Memory Match	<b>4</b> 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Karaoke Sing-a-long PM 1:1 Friendly Visits	<b>5</b> 10:15 & 11:00 Stretch & Flex 2:15 SPA Afternoon PM 1:1 I-pad	<b>6</b> AM Pet Visits with Kylie AM Visits with Trish 10:30 Catholic Mass 10:15 & 11:00 Ballfit Class 2:15 BINGO PM Mobii Table	<b>7</b> 10:15 & 11:00 Strengthening Class 2:15 Church Service and Communion with Pastor Phil DesJardine 3:30 Tuck Shop	<b>8</b> 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Music with Brent Meidinger PM 1:1 Friendly Visits	<b>9</b> 10:15 Strengthening Class 2:15 Euchre Club and Artist Corner PM Hand Massages
<b>10</b> TURN CLOCKS AHEAD AM 1:1 Exercises 10:00 Church Service on TV 2:15 Sentimental Music PM 1:1 Colouring	<b>11</b> 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Name that Tune PM 1:1 Friendly Visits	<b>12</b> 10:15 & 11:00 Stretch & Flex 2:15 Performance by Eric Lunn PM 1:1 Hand Massages 7:15 Living Hope Choir	<b>13</b> AM Pet Visits with Kylie AM Visits with Trish 10:15 Ballfit Class 2:15 Floor Curling PM Bedside Readings	<b>14</b> 10:15 & 11:00 Strengthening Class 2:15 Church Service with Hervey Shank PM Mobii Table	<b>15</b> AM Palmerston Library 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Paddy Day Social PM 1:1 Friendly Visits	<b>16</b> 10:15 Strengthening Class 2:15 Euchre Club and Artist Corner PM Bedside Readings
<b>17</b> ST. PATRICK'S DAY AM 1:1 Exercises 10:00 Church Service on TV 2:30 Hand Bells PM 1:1 Puzzles	<b>18</b> 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:30 Accordion Music with Peter Ruigrok PM 1:1 Friendly Visits	<b>19</b> SPRING BEGINS 10:15 & 11:00 Stretch & Flex 2:15 Birthday Party PM 1:1 I-pad	<b>20</b> AM Pet Visits with Kylie AM Visits with Trish 10:15 & 11:00 Ballfit Class 2:15 BINGO PM Mobii Table	<b>21</b> 10:15 & 11:00 Strengthening Class 2:15 Church Service with Rev. Ernie Naylor 3:30 Tuck Shop	<b>22</b> 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 The Haywards Perform PM 1:1 Friendly Visits	<b>23</b> 10:15 Strengthening Class 2:15 Euchre Club and Artist Corner PM Hand Massages
<b>24</b> AM 1:1 Exercises 10:00 Church Service on TV 2:15 Trivia Wheel 4:00 Hymn Music with Ryan	<b>25</b> 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Resident Council PM 1:1 Friendly Visits	<b>26</b> 10:15 & 11:00 Stretch & Flex 2:15 Entertainment with Peter Baumann PM 1:1 Hand Massages 7:15 Cedarvale Choir	<b>27</b> AM Pet Visits with Kylie AM Visits with Trish 10:15 & 11:00 Ballfit Class 2:15 Wine & Cheese Social PM Bedside Readings	<b>28</b> 10:15 & 11:00 Strengthening Class 2:15 Church Service with Pastor Ken Labbe PM Mobii Table	<b>29</b> GOOD FRIDAY 10:15 Chair Zumba 11:00 Journey through the senses 2:15 Hymn Sing PM 1:1 Friendly Visits	<b>30</b> 10:15 Strengthening Class 2:15 Euchre Club and Artist Corner PM Bedside Readings
<b>31</b> EASTER AM 1:1 Exercises 10:00 Church Service on TV 2:15 Easter Memories over snacks and drinks PM Calendar Delivery	<div> <p><b>** PROGRAMS ARE SUBJECT TO CHANGE **</b></p> <p>Resident and Staff Easter Egg Hunt—25th-28th</p>  </div>					Sunshine Room Dining Room Quiet Lounge