#### **BUS OUTING**

On Friday July 19th we will be going to the Listowel Fair's Senior Day, enjoying a game of BINGO, lunch and entertainment. Cost will be \$10 for lunch. Please contact Brianne Bell, Director of Life Enrichment at lifeenrichment@royalterrace.ca or 519 343 2611 ext 227 to sign up.

Don't hesitate as seats are limited.

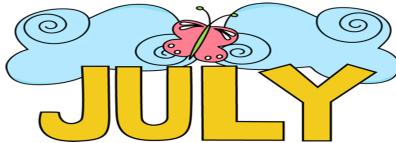
#### **BBQ** Lunches

Residents will enjoy a BBQ lunch on July 4th and 18th. Can be enjoyed outdoors in the Courtyard if weather permits.



	Royal Terrace Directory						
NAME	POSITION	TELEPHONE EXT.					
Jennifer George	Administrator	236					
Hailey Caldwell, RN	Director of Care	222					
Tracy Beyer RPN	Director of Retirement Home	223					
Brianne Bell	Director of Life Enrichment	227					
Karen Ash	Director of Food and Env. Services	228					
Charge Nurse		224					
Kitchen		230					
Residential Charge Nurse		233					
Krista Wade	Hairdresser	232					

### Royal Terrace News



2024

# **Special Events**HAPPY CANADA DAY



5th—Pub with Henry Winter

9th—Triple C Farm Visits

9th—Moorefield Youth Choir (Evening)

12th—Music with Kieran Ballah

15th—Accordion Music with Peter Ruigrok

19th—Listowel Fall Fair Outing

22nd—Joe Passion Entertains

24th—Performance by Brent Meidinger



600 Whites Road
Palmerston, Ontario
N0G 2P0
Tel: (519) 343-2611
www.royalterracepalmerston.ca





## July 2024 LTC Activity Calendar



A Property of the Property of						A Property of the Property of
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
** PROGRAMS ARE SUBJECT TO CHANGE **	1 HAPPY CANADA DAY 10:15 Strengthening Class 11:00 Manicures 2:15 Outdoor Games PM 1:1 Friendly Visits	2 10:15 & 11:00 Stretch N Flex Class 2:15 Memory Match PM 1:1 Hand Massages	3 10:15 & 11:00 Ballfit Class 2:15 BINGO PM Mobii Table	4 10:15 & 11:00 Strengthening Class BBQ Lunch 2:15 Church Service & Communion with Rev Nick Pavel 3:30 Tuck Shop	5 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Pub with Henry Winter PM 1:1 Visits	6 10:15 Strengthening Class 2:15 Euchre and Artist Corner PM Outdoor Visits
7 AM 1:1 Exercises 10:00 Online Church Service 2:15 Wheel of Trivia PM 1:1 Colouring	8 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Courtyard "Beach Day" PM 1:1 Friendly Visits	9 10:15 & 11:00 Stretch N Flex Class 2-3:30 Triple C Farm Animal Visits PM 1:1 I-pad 7:30 Moorefield Choir	10 10:30 Catholic Mass 10:15 Ballfit Class 2:15 Baking Club PM Bedside Readings	11 10:15 & 11:00 Strengthening Class 2:15 Church Service with Thanh Campbell PM Mobii Table	12 10:00 Outdoor Horse Visits 10:15 Chair Zumba 2:15 Kieran Ballah Enter- tains PM 1:1 Visits	13 10:15 Strengthening Class 2:15 Euchre and Artist Corner PM Outdoor Visits
14 AM 1:1 Exercises 10:00 Online Church Service 2:15 Outdoor Games PM 1:1 Puzzles	15 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Accordion Music with Peter Ruigrok PM 1:1 Friendly Visits	16 9:45 Grand-pal Visits 11:00 Stretch N Flex Class 2:15 Birthday Party PM 1:1 Hand Massages	17 10:15 & 11:00 Ballfit Class 2:15 BINGO PM Mobii Table	18 10:15 & 11:00 Strengthening Class BBQ Lunch 2:15 Church Service with Hervey Shank 3:30 Tuck Shop	19 10:15 Chair Zumba 10:00-3:00 Listowel Fall Fair Outing PM 1:1 Visits	20 10:15 Strengthening Class 2:15 Euchre and Artist Corner PM Outdoor Visits
21 AM 1:1 Exercises 10:00 Online Church Service 2:15 Hand Bells PM 1:1 Table Games	22 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Performance by Joe Passion PM 1:1 Friendly Visits	23 10:15 & 11:00 Stretch N Flex Class 2:15 Ice Cream Social PM 1:1 I-pad 6:45 Outdoor Walks	24 10:15 & 11:00 Ballfit Class 2:15 Music with Brent Meidinger PM Bedside Readings	25 10:15 & 11:00 Strengthening Class 2:15 Church Service with Ken Mohle PM Mobii Table	26 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Drinks in the Courtyard PM 1:1 Visits	27 10:15 Strengthening Class 2:15 Euchre and Artist Corner PM Outdoor Visits
28 AM 1:1 Exercises 10:00 Online Church Service 2:15 Baseball Game 4:00 Hymn Music with Ryan	29 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Resident Council PM 1:1 Friendly Visits	30 10:15 & 11:00 Stretch N Flex Class 2:15 Ring Toss PM 1:1 I-pad	31 10:15 & 11:00 Ballfit Class 2:15 Wine & Cheese Social PM New Calendar Deliv- ery			Sunshine Room Dining Room Quiet Lounge