

# Royal Terrace News

## LUNCH OUTING

On Wednesday August 14th we will be heading to the Palmerston Lions Park for a Pizza Take-out lunch. The cost will be \$10.00 per person which includes your meal and bussing.

The bus will load at Royal Terrace at 11:00am and return at approximately 2:00pm.

Seating is limited so please contact Brianne Bell at 519-343-2611 ext. 227 to reserve your spot!



# 2024

## August Special Events

*2nd—Pub Afternoon with Dave & The Retros*

*9th—Music with The All Sorts Band*

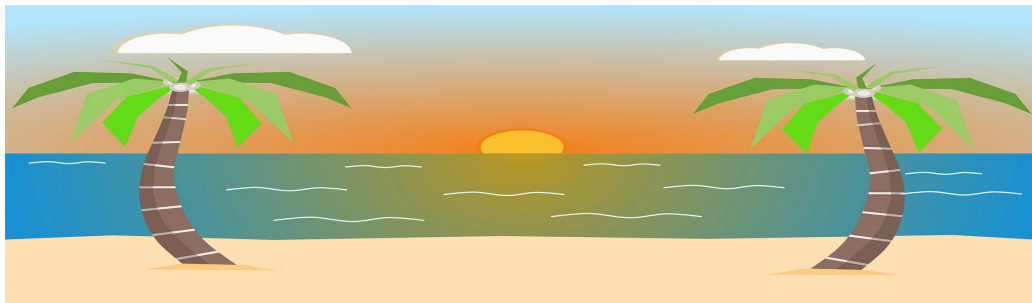
*12th—PJ Mack Performs*

*16th—Jimmy's Old Time Music*

*19th—Accordion Music with Peter Ruigrok*

*20th—Entertainment with Al Crawford*

*27th—Johnny Borton Entertains*



**BBQ Lunches**  
**8th & 22nd**

<b>Royal Terrace Directory</b>		
<b>NAME</b>	<b>POSITION</b>	<b>TELEPHONE EXT.</b>
Jennifer George	Administrator	236
Hailey Caldwell, RN	Director of Care	222
Tracy Beyer RPN	Director of Retirement Home	223
Brianne Bell	Director of Life Enrichment	227
Karen Ash	Director of Food and Env. Services	228
Charge Nurse		224
Kitchen		230
Residential Charge Nurse		233
Krista Wade	Hairdresser	232



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# August 2024 LTC Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
** PROGRAMS ARE SUBJECT TO CHANGE **				<b>Sunshine Room</b> <b>Dining Room</b> <b>Quiet Lounge</b>		<b>1</b> <b>10:15 &amp; 11:00</b> Strengthening Class <b>2:15 Church Service and Communion with Pastor Phil DesJardine</b> <b>PM Mobii Games</b>	<b>2</b> <b>10:15 &amp; 11:00</b> Chair Zumba <b>11:00 Journey through the senses</b> <b>2:00 Pub with Dave &amp; the Retros</b> <b>PM 1:1 Visits</b>	<b>3</b> <b>10:15</b> Strengthening Class <b>2:15</b> Euchre and Artist Corner <b>PM</b> Outdoor Visits
<b>4</b> <b>AM 1:1</b> Exercises <b>10:00</b> Online Church Service <b>2:15</b> Outdoor Games <b>PM 1:1</b> Memory Match	<b>5 CIVIC HOLIDAY</b> <b>10:15</b> Strengthening Class <b>11:00</b> Manicures <b>2:15</b> Drinks in the Courtyard <b>PM 1:1</b> Friendly Visits	<b>6</b> <b>10:15 &amp; 11:00</b> Stretch N Flex Class <b>2:15</b> Hot Seat <b>PM 1:1</b> I-pad games	<b>7</b> <b>10:30 Catholic Mass</b> <b>10:15 &amp; 11:00</b> Ballfit Class <b>2:15 BINGO</b> <b>PM</b> Mobii Games	<b>8</b> <b>10:15 &amp; 11:00</b> Strengthening Class <b>BBQ Lunch</b> <b>2:15 Church Service with Rev Jeff Hawkins</b> <b>3:30</b> Tuck Shop <b>6:45</b> Outdoor Walks	<b>9</b> <b>AM</b> Outdoor Horse Visits <b>10:15</b> Chair Zumba <b>2:15 All Sorts Band Performs</b> <b>PM 1:1</b> Visits	<b>10</b> <b>10:15</b> Strengthening Class <b>2:15</b> Euchre and Artist Corner <b>PM</b> Outdoor Visits		
<b>11</b> <b>AM 1:1</b> Exercises <b>10:00</b> Online Church Service <b>2:15</b> Card Bingo <b>PM 1:1</b> Colouring	<b>12</b> <b>10:15 &amp; 11:00</b> Strengthening Class <b>11:00</b> Manicures <b>2:15 Music with PJ Mack</b> <b>PM 1:1</b> Friendly Visits	<b>13</b> <b>9:45</b> Grand-pal Visits <b>11:00</b> Stretch N Flex Class <b>2:15 Birthday Party</b> <b>PM 1:1</b> Hand Massages	<b>14</b> <b>10:15</b> Ballfit Class  <b>11:00am-2pm</b> Lunch in the Park  <b>3:30</b> Sing-a-long	<b>15</b> <b>10:15 &amp; 11:00</b> Strengthening Class <b>2:15 Church Service with Rev Hervey Shank</b> <b>PM</b> Mobii Games	<b>16</b> <b>10:15 &amp; 11:00</b> Chair Zumba <b>11:00 Journey through the senses</b> <b>2:15 Jimmy's Old Time Music</b> <b>PM 1:1</b> Visits	<b>17</b> <b>10:15</b> Strengthening Class <b>2:15</b> Euchre and Artist Corner <b>PM</b> Outdoor Visits		
<b>18</b> <b>AM 1:1</b> Exercises <b>10:00</b> Online Church Service <b>2:15</b> Hand Bells <b>PM 1:1</b> Puzzles	<b>19</b> <b>10:15 &amp; 11:00</b> Strengthening Class <b>11:00</b> Manicures <b>2:15 Accordion Music with Peter</b> <b>PM 1:1</b> Friendly Visits	<b>20</b> <b>10:15 &amp; 11:00</b> Stretch N Flex Class <b>2:15 Al Crawford Performs</b> <b>PM 1:1</b> I-pad games	<b>21</b> <b>10:15 &amp; 11:00</b> Ballfit Class <b>2:15 BINGO</b> <b>PM</b> Mobii Games	<b>22</b> <b>10:15 &amp; 11:00</b> Strengthening Class <b>BBQ Lunch</b> <b>2:15 Church Service with Thanh Campbell</b> <b>3:30</b> Tuck Shop <b>6:45</b> Outdoor Walks	<b>23 Palmerston Fair</b> <b>10:15 &amp; 11:00</b> Chair Zumba <b>11:00 Journey through the senses</b> <b>2:15</b> Milkshakes in the Courtyard <b>PM 1:1</b> Visits	<b>24 Palmerston Fair</b> <b>10:15</b> Strengthening Class <b>2:15</b> Euchre and Artist Corner <b>PM</b> Outdoor Visits		
<b>25 Palmerston Fair</b> <b>AM 1:1</b> Exercises <b>10:00</b> Online Church Service <b>2:15</b> Finish the Phrase <b>4:00</b> Hymn Music with Ryan	<b>26</b> <b>10:15 &amp; 11:00</b> Strengthening Class <b>11:00</b> Manicures <b>2:15</b> Resident Council <b>PM 1:1</b> Friendly Visits	<b>27</b> <b>10:15 &amp; 11:00</b> Stretch N Flex Class <b>2:15 Entertainment with Johnny Borton</b> <b>PM 1:1</b> Hand Massages	<b>28</b> <b>10:15 &amp; 11:00</b> Ballfit Class <b>2:15 Wine &amp; Cheese Social</b> <b>PM</b> Bedside Readings	<b>29</b> <b>10:15 &amp; 11:00</b> Strengthening Class <b>2:15 Daily Devotions and Hymn Sing</b> <b>PM</b> Mobii Games	<b>30</b> <b>10:00</b> Outdoor Horse Visits <b>10:15</b> Chair Zumba <b>2:15</b> Hole In ONE! <b>PM 1:1</b> Visits	<b>31</b> <b>10:15</b> Strengthening Class <b>2:15</b> Euchre and Artist Corner <b>PM</b> New Calendar Delivery		