

BUS OUTING

The morning of September 20th we will be going on a scenic bus outing. We will begin loading the bus around 10am and return to Royal Terrace around 11:30am. You must pre-register as seats are limited. Please contact Brianne Bell at 519 343 2611 ext 227

Royal Terrace Directory							
NAME	POSITION	TELEPHONE EXT.					
Jennifer George	Administrator	236					
Hailey Caldwell, RN	Director of Care	222					
Tracy Beyer RPN	Director of Retirement Home	223					
Brianne Bell	Director of Life Enrichment	227					
Karen Ash	Director of Food and Env. Services	228					
Charge Nurse		224					
Kitchen		230					
Residential Charge Nurse		233					
Krista Wade	Hairdresser	232					



September Special Events

3rd—The Haywards Perform 6th—Pub with Michael Kelly Cavan 8th—Peter Baumann Performs 10th—Celebrity Productions Themed Music 13th—Paul Horton Entertains 16th—Accordion Music with Peter Ruigrok 23rd—Entertainment with Eric Lunn 27th— Harp Music with Elysha

> September 23 Clothing Shop—Quiet Lounge 10:00am—2:00pm



600 Whites Road Palmerston, Ontario NOG 2P0 Tel: (519) 343-2611 www.royalterracepalmerston.ca



September 2024 LTC Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 AM 1:1 Exercises 10:00 Online Church Service 2:15 Outdoor Games PM 1:1 Memory Match	 2 LABOUR DAY 10:15 Strengthening Class 11:00 Manicures 2:15 Drinks in the Court- yard PM 1:1 Friendly Visits 	3 10:15 & 11:00 Stretch N' Flex Class 2:15 Entertainment with The Haywards PM Hand Massages	4 AM Visits with Trish 10:15 & 11:00 Ballfit Class 2:15 BINGO PM Mobii Games	5 10:15 & 11:00 Strengthening Class 2:15 Church Service and Communion with Rev Ernie Naylor 3:30 Tuck Shop	6 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Pub with Michael Kelly Cavan PM 1:1 Visits	7 10:15 Strengthening Class 2:15 Euchre and Artist Corner PM Outdoor Visits
8 AM 1:1 Exercises 10:00 Online Church Service 2:15 Accordion Music with Peter Baumann PM 1:1 Colouring	9 10:15 & 11:00 Strength- ening Class 11:00 Manicures 2:15 Ice Cream Social PM 1:1 Friendly Visits	10 10:15 & 11:00 Stretch N' Flex Class 2:15 Celebrity Produc- tions themed music PM Hand Massages 7:15 Cedarvale Choir	11 AM Visits with Trish 10:15 & 11:00 Ballfit Class 2:15 Boggle Board Word Game PM Bedside Readings	12 10:15 & 11:00 Strengthening Class 2:15 Church Service with Pastor Ken Labbe PM Mobii Games	13 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Paul Horton Per- forms PM 1:1 Visits	 14 10:15 Strengthening Class 2:15 Euchre and Artist Corner PM Outdoor Visits
15 GRANDPARENT DAY AM 1:1 Exercises 10:00 Online Church Service 2:15 Card Bingo PM 1:1 Puzzles	16 10:15 & 11:00 Strength- ening Class 11:00 Manicures 2:15 Accordion Music with Peter Ruigrok PM 1:1 Friendly Visits	 17 9:45 Grand-pal Visits 11:00 Stretch N' Flex Class 2:15 Birthday Party PM 1:1 I-Pad Visits 	18 AM Visits with Trish 10:30 Catholic Mass 10:15 & 11:00 Ballfit Class 2:15 BINGO PM Mobii Games	19 10:15 & 11:00 Strengthening Class 2:15 Daily Devotions and Hymn Sing 3:30 Tuck Shop	20 10:15 Chair Zumba 10:00—11:30 SCENIC DRIVE 2:15 Balloon Volleyball PM 1:1 Visits	 21 10:15 Strengthening Class 2:15 Euchre and Artist Corner PM Outdoor Visits
 22 AM 1:1 Exercises 10:00 Online Church Service 2:15 Short Stories over tea 4:00 Hymn Music with Ryan 	23 Mobile Clothing Shop 10am-2pm 10:15 & 11:00 Strength- ening Class 11:00 Manicures 2:15 Eric Lunn Enter- tains PM 1:1 Friendly Visits	24 10:15 & 11:00 Stretch N' Flex Class 2:15 Wine & Cheese Social PM 1:1 Hand Massages	 25 AM Visits with Trish 10:15 & 11:00 Ballfit Class 2:15 Name 5 PM Bedside Readings 	26 10:15 & 11:00 Strengthening Class 2:15 Church Service with Rev Jeff Hawkins PM Mobii Games	27 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Harp Music with Elysha PM 1:1 Visits 7:00 Card Bingo	 28 10:15 Strengthening Class 2:15 Euchre and Artist Corner PM Outdoor Visits
 29 AM 1:1 Exercises 10:00 Online Church Service 2:15 Movie Afternoon PM 1:1 Word Games 	30 10:15 & 11:00 Strength- ening Class 11:00 Manicures 2:15 Resident Council PM New Calendar Deliv- ery	** THIS CALENDAR IS SU TO CHANGE ** 16th—22nd Residents' Cour 16th—20th RESIDENTS' R		Sunshine Room Dining Room Quiet Lounge		