

## Fall Leaf Tour

On Wednesday October 9th we will be going for a Fall Leaf Bus Tour from 10:30am-11:30am. There is no charge as Blessings Centre for You has graciously covered the cost of transportation. Pre registration is required. Please call 519 343 2611 ext 227 or email Brianne at [lifenrichment@royalterrace.ca](mailto:lifenrichment@royalterrace.ca) to reserve a spot!



# 2024

## October Special Events

**4th—Pub with Dave and The Retros**

**8th—Henry Winter Performs**

**8th—Moorefield Choir (evening)**

**9th—Fall Leaf Tour (pre-registration required)**

**11th—Brent Meidinger Entertains**

**18th—Music with PJ Mack**

**21st—Accordion Music with Peter Ruigrok**

**22nd—Living Hope Choir (evening)**

**25th—Performance by Joe Passion**

**29th—Johnny Borton Performs**

**HAPPY HALLOWEEN**

## COFFEE BREAK FUNDRAISER IN SUPPORT OF THE ALZHEIMER'S SOCIETY



**JOIN US ON TUESDAY OCTOBER 15  
BETWEEN 2:15PM AND 3:15PM**



A REPRESENTATIVE FROM THE ALZHEIMER'S SOCIETY WILL BE IN ATTENDANCE TO CHAT!

**A DONATION BOX WILL BE SET UP FOR DONATIONS!**

### Royal Terrace Directory

<u>NAME</u>	<u>POSITION</u>	<u>TELEPHONE EXT.</u>
Jennifer George	Administrator	236
Hailey Caldwell, RN	Director of Care	222
Tracy Beyer RPN	Director of Retirement Home	223
Brianne Bell	Director of Life Enrichment	227
Karen Ash	Director of Food and Env. Services	228
Charge Nurse		224
Kitchen		230
Residential Charge Nurse		233
Krista Wade	Hairdresser	232






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# October 2024 LTC Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>** THIS CALENDAR IS SUBJECT TO CHANGE **</b> 		<b>1</b> <b>10:15 &amp; 11:00</b> Stretch N' Flex Class <b>2:15</b> Karaoke Music <b>PM 1:1</b> Hand Massages 	<b>2</b> <b>AM</b> Visits with Trish <b>10:30</b> Catholic Mass <b>10:15 &amp; 11:00</b> Ballfit Class <b>2:15</b> BINGO <b>PM</b> Mobii Games	<b>3</b> <b>10:15 &amp; 11:00</b> Strengthening Class <b>2:15</b> Church Service and Communion with Rev Phil DesJardine <b>3:30</b> Tuck Shop	<b>4</b> <b>10:15 &amp; 11:00</b> Chair Zumba <b>11:00</b> Journey through the senses <b>2:15</b> Pub with Dave & The Retros <b>PM 1:1</b> Visits	<b>5</b> LOST AND FOUND <b>10:15</b> Strengthening Class <b>2:30</b> Church Choir Performance <b>PM</b> Bedside Readings
<b>6</b> LOST AND FOUND <b>AM 1:1</b> Exercises <b>10:00</b> Online Church Service <b>2:15</b> Euchre and Artist Corner <b>PM 1:1</b> Colouring	<b>7</b> <b>10:15</b> Strengthening Class <b>11:00</b> Manicures <b>2:15</b> Bean Bag Toss <b>PM 1:1</b> Friendly Visits	<b>8</b> <b>10:15 &amp; 11:00</b> Stretch N' Flex Class <b>2:15</b> Henry Winter Performs <b>PM 1:1</b> I-pad games <b>7:30</b> Moorefield Choir	<b>9</b> <b>AM</b> Visits with Trish <b>10:15</b> Ballfit Class <b>10:00am —11:30am</b> FALL LEAF TOUR <b>2:15</b> Baking Club <b>PM</b> Bedside Readings	<b>10</b> <b>10:30</b> Pumpkin delivery and 1:1 Visits with the Highschool students <b>10:15 &amp; 11:00</b> Strengthening Class <b>2:15</b> Church Service with Thanh Campbell <b>PM</b> Mobii Games	<b>11</b> <b>10:15 &amp; 11:00</b> Chair Zumba <b>11:00</b> Journey through the senses <b>2:15</b> Entertainment with Brent Meidinger <b>PM 1:1</b> Visits	<b>12</b> <b>10:15</b> Strengthening Class <b>2:15</b> Euchre and Artist Corner <b>PM</b> Hand Massages
<b>13</b> <b>AM 1:1</b> Exercises <b>10:00</b> Online Church Service <b>2:15</b> Card Bingo <b>PM 1:1</b> Puzzles	<b>14</b> <b>THANKSGIVING</b> <b>10:15</b> Strengthening Class <b>11:00</b> Manicures <b>2:15</b> Gratitude Circle <b>PM 1:1</b> Friendly Visits	<b>15</b> <b>9:45</b> Grand-pal Visits <b>11:00</b> Stretch N' Flex <b>2:15</b> Coffee Break for the Alzheimer's Society <b>PM 1:1</b> Hand Massages	<b>16</b> <b>AM</b> Visits with Trish <b>10:15 &amp; 11:00</b> Ballfit Class <b>2:15</b> BINGO <b>PM</b> Mobii Games	<b>17</b> <b>10:15 &amp; 11:00</b> Strengthening Class <b>2:15</b> Church Service with Pastor Wes Collins <b>3:30</b> Tuck Shop	<b>18</b> <b>10:15 &amp; 11:00</b> Chair Zumba <b>11:00</b> Journey through the senses <b>2:15</b> PJ Mack Performs <b>PM 1:1</b> Visits	<b>19</b> <b>10:15</b> Strengthening Class <b>2:15</b> Euchre and Artist Corner <b>PM</b> Bedside Readings
<b>20</b> <b>AM 1:1</b> Exercises <b>10:00</b> Online Church Service <b>2:15</b> Hand Bells <b>PM 1:1</b> Word Search	<b>21</b> <b>10:15 &amp; 11:00</b> Strengthening Class <b>11:00</b> Manicures <b>2:15</b> Accordion Music with Peter Ruigrok <b>PM 1:1</b> Friendly Visits	<b>22</b> <b>10:15 &amp; 11:00</b> Stretch N' Flex Class <b>2:15</b> Birthday Party <b>PM 1:1</b> I-pad games <b>7:15</b> Living Hope Choir	<b>23</b> <b>AM</b> Visits with Trish <b>10:15 &amp; 11:00</b> Ballfit Class <b>2:15</b> Harvest Social <b>PM</b> Bedside Readings	<b>24</b> <b>10:15 &amp; 11:00</b> Strengthening Class <b>2:15</b> Church Service with Rev Nick Pavel <b>PM</b> Mobii Games	<b>25</b> <b>10:15 &amp; 11:00</b> Chair Zumba <b>11:00</b> Journey through the senses <b>2:15</b> Performance by Joe Passion <b>PM 1:1</b> Visits	<b>26</b> <b>10:15</b> Strengthening Class <b>2:15</b> Euchre and Artist Corner <b>PM</b> Hand Massages
<b>27</b> <b>AM 1:1</b> Exercises <b>10:00</b> Online Church Service <b>2:15</b> Helping Hands <b>4:00</b> Hymn Sing with Ryan	<b>28</b> <b>10:15 &amp; 11:00</b> Strengthening Class <b>11:00</b> Manicures <b>2:15</b> Resident Council <b>PM 1:1</b> Friendly Visits	<b>29</b> <b>10:15 &amp; 11:00</b> Stretch N' Flex Class <b>2:15</b> Music with Johnny Borton <b>PM 1:1</b> Hand Massages	<b>30</b> <b>AM</b> Visits with Trish <b>10:15 &amp; 11:00</b> Ballfit Class <b>2:15</b> Wine & Cheese Social <b>PM</b> Bedside Readings	<b>31</b> <b>HAPPY HALLOWEEN</b> <b>9:45</b> Halloween Activities with Grand-pals <b>11:00</b> Strengthening Class <b>2:00</b> Costume Parade <b>2:30</b> Halloween Party <b>PM</b> New calendar delivery	 <b>Sunshine Room</b> <b>Dining Room</b> <b>Quiet Lounge</b>	