lest we for

"They shall not grow old, as we that are left grow old, Age shall not weary them nor the years condemn, At the going down of the sun and in the morning, We shall remember them"



Royal Terrace Directory

NAME	POSITION	TELEPHONE EXT.	
Jennifer George	Administrator	236	
Hailey Caldwell, RN	Director of Care	222	
Tracy Beyer RPN	Director of Residential	223	
Brianne Bell	Director of Life Enrichment	227	
Karen Ash	Director of Food and Env. Services	228	
Charge Nurse		224	
Kitchen		230	
Residential Charge Nurse		233	
Krista Wade	Hairdresser	232	



1st—Pub with Kieran Ballah 3rd—Memorial Service 5th—Jimmy's Old Time Music 7th—Remembrance Day Service 8th—Alzheimer's Society Dementia Education Presentation 12th—Eric Lunn Performs 15th—Music with Leavin' Tracks 18th—Accordion Music with Peter Ruigrok 22nd—Michael Kelly Cavan Entertains 26th—Performance by Al Crawford



600 Whites Road Palmerston, Ontario NOG 2P0 Tel: (519) 343-2611 www.royalterracepalmerston.ca



November 2024 LTC Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
** THIS CALENDAR IS TO CHANGE **	SUBJECT			Sunshine Room Dining Room Quiet Lounge	1 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Pub with Kieran Ballah PM 1:1 Visits	2 10:15 Strengthening Class 2:15 Euchre and Artist Corner PM Bedside Readings
3 TURN CLOCKS BACK AM 1:1 Exercises 10:00 Online Church Service 2:30 Fall Memorial Service PM 1:1 Memory Match	4 10:15 & 11:00 Strengthen- ing Class 11:00 Manicures 2:15 Categories Word Game PM 1:1 Friendly Visits	5 10:15 & 11:00 Stretch and Flex 2:15 Jimmy's Old Time Music PM 1:1 Hand Massages	6 AM - Visits with Trish 10:30 Catholic Mass 10:15 & 11:00 Ballfit Class 2:15 BINGO PM Mobii Games	7 10:15 & 11:00 Strengthen- ing Class 2:15 Remembrance Day Service with The Palmer- ston Legion and Pastor Ken Labbe 3:30 Tuck Shop	8 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 "My Neighbour has Alzheimer's" Presentation by Robin PM 1:1 Visits	9 10:15 Strengthening Class 2:15 Euchre and Artist Corner PM Hand Massages
10 AM 1:1 Exercises 10:00 Online Church Service 2:15 Card Bingo PM 1:1 Colouring	 11 REMEMBRANCE DAY 10:00 CTV Remembrance Day Service 2:15 Afternoon Manicures PM 1:1 Exercises PM 1:1 Friendly Visits 	12 10:15 & 11:00 Stretch and Flex 2:15 Performance by Eric Lunn PM 1:1 I-pad Games	13 AM - Visits with Trish 10:15 & 11:00 Ballfit Class 2:15 Dutch Treat and Coffee Social PM Bedside Readings 7:00 Sentimental Music	14 10:15 & 11:00 Strengthen- ing Class 2:15 Church Service with Rev. Ernie Naylor 3:30 Mobii Games	15 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Music with Leavin' Tracks PM 1:1 Visits	 16 10:15 Strengthening Class 2:15 Euchre and Artist Corner PM Bedside Readings
17 AM 1:1 Exercises 10:00 Online Church Service 2:15 Hand Bells PM 1:1 Puzzles	18 10:15 & 11:00 Strengthen- ing Class 11:00 Manicures 2:15 Accodion Music with Peter Ruigrok PM 1:1 Friendly Visits 7:00 Jokes and Trivia	 19 9:45 Grand-pal Visits 11:00 Stretch and Flex 2:15 Birthday Party PM 1:1 Hand Massages 	20 AM - Visits with Trish 10:15 & 11:00 Ballfit Class 2:15 BINGO PM Mobii Games	21 10:15 & 11:00 Strengthen- ing Class 2:15 Daily Devotions and Hymn Sing 3:30 Tuck Shop	22 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Michael Kelly Cavan Entertains PM 1:1 Visits	 23 10:15 Strengthening Class 2:15 Euchre and Artist Corner PM Hand Massages
24 AM 1:1 Exercises 10:00 Online Church Service 2:15 Shuffle Board 4:00 Hymn Music with Ryan	 25 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Resident Council PM 1:1 Friendly Visits 	26 10:15 & 11:00 Stretch and Flex 2:15 Al Crawford Per- forms PM 1:1 I-pad Games	27 AM Visits with Trish 10:15 & 11:00 Ballfit Class 2:15 Wine & Cheese Social PM Bedside Readings 7:00 Card Bingo	28 10:15 & 11:00 Strengthen- ing Class 2:15 Church Service with Rev. Phil DesJardine PM Mobii Games	 29 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Floor Curling PM 1:1 Visits 	30 10:15 Strengthening Class 2:15 Listowel URC Singing PM New Calendar Delivery