lest we for

"They shall not grow old, as we that are left grow old, Age shall not weary them nor the years condemn, At the going down of the sun and in the morning, We shall remember them"



## **Royal Terrace Directory**

| NAME                     | POSITION                           | TELEPHONE EXT. |  |
|--------------------------|------------------------------------|----------------|--|
| Jennifer George          | Administrator                      | 236            |  |
| Hailey Caldwell, RN      | Director of Care                   | 222            |  |
| Tracy Beyer RPN          | Director of Residential            | 223            |  |
| Brianne Bell             | Director of Life Enrichment        | 227            |  |
| Karen Ash                | Director of Food and Env. Services | 228            |  |
| Charge Nurse             |                                    | 224            |  |
| Kitchen                  |                                    | 230            |  |
| Residential Charge Nurse |                                    | 233            |  |
| Krista Wade              | Hairdresser                        | 232            |  |
|                          |                                    |                |  |



1st—Pub with Kieran Ballah 3rd—Memorial Service 5th—Jimmy's Old Time Music 7th—Remembrance Day Service 8th—Alzheimer's Society Dementia Education Presentation 12th—Eric Lunn Performs 15th—Music with Leavin' Tracks 18th—Accordion Music with Peter Ruigrok 22nd—Michael Kelly Cavan Entertains 26th—Performance by Al Crawford



600 Whites Road Palmerston, Ontario NOG 2P0 Tel: (519) 343-2611 www.royalterracepalmerston.ca



## November 2024 LTC Activity Calendar

| SUNDAY  | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY  |
|---|--|--|---|--|--|---|
| ** THIS CALENDAR IS<br>TO CHANGE **   | SUBJECT  |  |   | Sunshine Room<br>Dining Room<br>Quiet Lounge   | 1<br>10:15 & 11:00 Chair Zumba<br>11:00 Journey through the<br>senses<br>2:15 Pub with Kieran<br>Ballah<br>PM 1:1 Visits                                   | 2<br>10:15 Strengthening<br>Class<br>2:15 Euchre and Artist<br>Corner<br>PM Bedside Readings  |
| 3 TURN CLOCKS BACK<br>AM 1:1 Exercises<br>10:00 Online Church<br>Service<br>2:30 Fall Memorial<br>Service<br>PM 1:1 Memory<br>Match | 4<br>10:15 & 11:00 Strengthen-<br>ing Class<br>11:00 Manicures<br>2:15 Categories Word<br>Game<br>PM 1:1 Friendly Visits   | 5<br>10:15 & 11:00 Stretch and<br>Flex<br>2:15 Jimmy's Old Time<br>Music<br>PM 1:1 Hand Massages   | 6<br>AM - Visits with Trish<br>10:30 Catholic Mass<br>10:15 & 11:00 Ballfit Class<br>2:15 BINGO<br>PM Mobii Games                                     | 7<br>10:15 & 11:00 Strengthen-<br>ing Class<br>2:15 Remembrance Day<br>Service with The Palmer-<br>ston Legion and Pastor<br>Ken Labbe<br>3:30 Tuck Shop | 8<br>10:15 & 11:00 Chair Zumba<br>11:00 Journey through the<br>senses<br>2:15 "My Neighbour has<br>Alzheimer's" Presentation<br>by Robin<br>PM 1:1 Visits  | 9<br>10:15 Strengthening<br>Class<br>2:15 Euchre and Artist<br>Corner<br>PM Hand Massages   |
| 10<br>AM 1:1 Exercises<br>10:00 Online Church<br>Service<br>2:15 Card Bingo<br>PM 1:1 Colouring                                     | <ul> <li>11 REMEMBRANCE DAY</li> <li>10:00 CTV Remembrance</li> <li>Day Service</li> <li>2:15 Afternoon Manicures</li> <li>PM 1:1 Exercises</li> <li>PM 1:1 Friendly Visits</li> </ul> | 12<br>10:15 & 11:00 Stretch and<br>Flex<br>2:15 Performance by Eric<br>Lunn<br>PM 1:1 I-pad Games  | 13<br>AM - Visits with Trish<br>10:15 & 11:00 Ballfit Class<br>2:15 Dutch Treat and<br>Coffee Social<br>PM Bedside Readings<br>7:00 Sentimental Music | 14<br>10:15 & 11:00 Strengthen-<br>ing Class<br>2:15 Church Service with<br>Rev. Ernie Naylor<br>3:30 Mobii Games  | 15<br>10:15 & 11:00 Chair Zumba<br>11:00 Journey through the<br>senses<br>2:15 Music with Leavin'<br>Tracks<br>PM 1:1 Visits                               | <ul> <li>16</li> <li>10:15 Strengthening<br/>Class</li> <li>2:15 Euchre and Artist<br/>Corner</li> <li>PM Bedside Readings</li> </ul> |
| 17<br>AM 1:1 Exercises<br>10:00 Online Church<br>Service<br>2:15 Hand Bells<br>PM 1:1 Puzzles                                       | 18<br>10:15 & 11:00 Strengthen-<br>ing Class<br>11:00 Manicures<br>2:15 Accodion Music<br>with Peter Ruigrok<br>PM 1:1 Friendly Visits<br>7:00 Jokes and Trivia                        | <ul> <li>19</li> <li>9:45 Grand-pal Visits</li> <li>11:00 Stretch and Flex</li> <li>2:15 Birthday Party</li> <li>PM 1:1 Hand Massages</li> </ul> | 20<br>AM - Visits with Trish<br>10:15 & 11:00 Ballfit Class<br>2:15 BINGO<br>PM Mobii Games   | 21<br>10:15 & 11:00 Strengthen-<br>ing Class<br>2:15 Daily Devotions and<br>Hymn Sing<br>3:30 Tuck Shop  | 22<br>10:15 & 11:00 Chair Zumba<br>11:00 Journey through the<br>senses<br>2:15 Michael Kelly Cavan<br>Entertains<br>PM 1:1 Visits                          | <ul> <li>23</li> <li>10:15 Strengthening<br/>Class</li> <li>2:15 Euchre and Artist<br/>Corner</li> <li>PM Hand Massages</li> </ul>    |
| 24<br>AM 1:1 Exercises<br>10:00 Online Church<br>Service<br>2:15 Shuffle Board<br>4:00 Hymn Music with<br>Ryan                      | <ul> <li>25</li> <li>10:15 &amp; 11:00 Strengthening Class</li> <li>11:00 Manicures</li> <li>2:15 Resident Council</li> <li>PM 1:1 Friendly Visits</li> </ul>                          | 26<br>10:15 & 11:00 Stretch and<br>Flex<br>2:15 Al Crawford Per-<br>forms<br>PM 1:1 I-pad Games  | 27<br>AM Visits with Trish<br>10:15 & 11:00 Ballfit Class<br>2:15 Wine & Cheese<br>Social<br>PM Bedside Readings<br>7:00 Card Bingo                   | 28<br>10:15 & 11:00 Strengthen-<br>ing Class<br>2:15 Church Service with<br>Rev. Phil DesJardine<br>PM Mobii Games                                       | <ul> <li>29</li> <li>10:15 &amp; 11:00 Chair Zumba</li> <li>11:00 Journey through the senses</li> <li>2:15 Floor Curling</li> <li>PM 1:1 Visits</li> </ul> | 30<br>10:15 Strengthening<br>Class<br>2:15 Listowel URC<br>Singing<br>PM New Calendar<br>Delivery                                     |