



Wishing everyone a Very Merry Christmas and a Happy, Healthy and Prosperous New Year!

From all of us at Royal Terrace

Royal Terrace Directory		
<u>NAME</u>	<u>POSITION</u>	<u>TELEPHONE EXT.</u>
Jennifer George	Administrator	236
Aletta Haasbroek, RN	Interim Director of Care	222
Tracy Beyer RPN	Residential Manager	223
Brianne Bell	Director of Life Enrichment	227
Karen Ash	Director of Food and Env. Services	228
Charge Nurse		224
Kitchen		230
Residential Charge Nurse		233
Krista Wade	Hairdresser	232

# Royal Terrace LTC News



## 2024

### December Special Events

- 3rd—Peter Baumann Performs**
- 6th—Pub with The All Sorts Band**
- 10th—Christmas Music with Johnny Borton**
- 11th—Christmas Light Outing  
(pre-registration required)**
- 13th—Entertainment by The Haywards**
- 16th—Accordion Music with Peter Ruigrok**
- 19th—Candlelight Church Service**
- MERRY CHRISTMAS***
- 31st—Rockin' New Years Eve with  
Dave & The Retros**








600 Whites Road  
Palmerston, Ontario  
N0G 2P0  
Tel: (519) 343-2611  
[www.royalterracepalmerston.ca](http://www.royalterracepalmerston.ca)





# December 2024 LTC Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>1</b> <b>AM</b> 1:1 Exercises <b>10:00</b> Online Church Service <b>2:15</b> Sunshine Room Christmas Tree Decorating	<b>2</b> <b>10:15 &amp; 11:00</b> Strengthening Class <b>11:00</b> Manicures <b>2:15</b> Name that Christmas Tune <b>PM</b> 1:1 Friendly Visits <b>7:00</b> Holiday Movie	<b>3</b> <b>10:15 &amp; 11:00</b> Stretch and Flex <b>2:15 Music with Peter Baumann</b> <b>PM</b> Hand Massages	<b>4</b> <b>AM</b> Visits with Trish <b>10:15 &amp; 11:00</b> Ballfit Class <b>2:15 BINGO</b> <b>PM</b> Mobii Games 	<b>5</b> <b>10:15 &amp; 11:00</b> Strengthening Class <b>2:15 Church Service and Communion with Rev. Jeff Hawkins</b> <b>3:30</b> Tuck Shop	<b>6</b> <b>10:15 &amp; 11:00</b> Chair Zumba <b>11:00 Journey through the senses</b> <b>2:15 Pub Afternoon with The All Sorts Band</b> <b>PM</b> 1:1 Visits	<b>7</b> <b>10:15</b> Strengthening Class <b>2:15</b> Euchre and Artist Corner <b>PM</b> Bedside Readings	
<b>8</b> <b>AM</b> 1:1 Exercises <b>10:00</b> Online Church Service <b>2:15</b> Card Bingo <b>PM</b> 1:1 Colouring	<b>9</b> <b>10:15 &amp; 11:00</b> Strengthening Class <b>11:00</b> Manicures <b>2:15</b> Christmas "Hot Seat" <b>PM</b> 1:1 Friendly Visits	<b>10</b> <b>10:15 &amp; 11:00</b> Stretch and Flex <b>2:15 Christmas Music with Johnny Borton</b> <b>PM</b> 1:1 I-pad games	<b>11</b> <b>AM</b> Visits with Trish <b>10:30 Catholic Mass</b> <b>10:15 &amp; 11:00</b> Ballfit Class <b>2:15 Jingle Bell Social</b> <b>PM</b> Bedside Readings <b>6:45</b> Christmas Light Outing	<b>12</b> <b>10:15 &amp; 11:00</b> Strengthening Class <b>2:15 Church Service with Rev. Nick Pavel</b> <b>PM</b> Mobii Games	<b>13</b> <b>10:15 &amp; 11:00</b> Chair Zumba <b>11:00 Journey through the senses</b> <b>2:15 The Haywards Perform</b> <b>PM</b> 1:1 Visits 	<b>14</b> <b>10:15</b> Strengthening Class <b>2:15</b> Euchre and Artist Corner <b>PM</b> Hand Massages	
<b>15</b> <b>AM</b> 1:1 Exercises <b>10:00</b> Online Church Service <b>2:15</b> Hand Bells <b>PM</b> 1:1 Puzzles	<b>16</b> <b>10:15 &amp; 11:00</b> Strengthening Class <b>11:00</b> Manicures <b>2:15 Accordion Music with Peter Ruigrok</b> <b>PM</b> 1:1 Friendly Visits	<b>17</b> <b>9:45</b> Grand-pal Visits <b>11:00</b> Stretch and Flex <b>2:15 Birthday Party</b> <b>PM</b> Hand Massages	<b>18</b> <b>AM</b> Visits with Trish <b>10:15 &amp; 11:00</b> Ballfit Class <b>1:00-2:30</b> Highschool Christmas Visits <b>3:00 BINGO</b>	<b>19 WINTER BEGINS</b> <b>10:15 &amp; 11:00</b> Strengthening Class <b>2:15</b> Baking Club <b>3:30</b> Tuck Shop <b>7:00 Candlelight Church Service</b>	<b>20</b> <b>10:15 &amp; 11:00</b> Chair Zumba <b>11:00 Journey through the senses</b> <b>2:15</b> Reindeer Games <b>PM</b> 1:1 Visits	<b>21</b> <b>10:15</b> Strengthening Class <b>2:15</b> Euchre and Artist Corner <b>PM</b> Bedside Readings	
<b>22</b> <b>AM</b> 1:1 Exercises <b>10:00</b> Online Church Service <b>2:15</b> Holiday Trivia <b>4:00</b> Christmas music with Ryan	<b>23</b> <b>10:15 &amp; 11:00</b> Strengthening Class <b>11:00</b> Manicures <b>2:15</b> Christmas Sing-a-long <b>PM</b> 1:1 Friendly Visits	<b>24 CHRISTMAS EVE</b> <b>10:15 &amp; 11:00</b> Stretch and Flex <b>PM Santa &amp; Mrs. Claus Visits and Gift Delivery</b> 	<b>25 CHRISTMAS</b> <b>AM</b> 1:1 Holiday Visits  <b>PM</b> Christmas Movie 	<b>26 BOXING DAY</b> <b>AM</b> 1:1 Holiday Visits  <b>PM</b> Cards and Shuffle Board	<b>27</b> <b>10:15 &amp; 11:00</b> Chair Zumba <b>11:00 Journey through the senses</b> <b>2:15</b> Card Bingo <b>PM</b> 1:1 Visits	<b>28</b> <b>10:15</b> Strengthening Class <b>2:15</b> Euchre and Artist Corner <b>PM</b> Hand Massages	
<b>29</b> <b>AM</b> 1:1 Exercises <b>10:00</b> Online Church Service <b>2:15</b> Short Stories over Tea <b>PM</b> 1:1 Word Search	<b>30</b> <b>10:15 &amp; 11:00</b> Strengthening Class <b>11:00</b> Manicures <b>2:15</b> Resident Council <b>PM</b> 1:1 Friendly Visits	<b>31 NEW YEARS EVE</b> <b>10:15 &amp; 11:00</b> Stretch and Flex <b>2:15 Rockin' New Years Eve with Dave &amp; The Retros</b> <b>PM</b> New Calendar Delivery	<b>** THIS CALENDAR IS SUBJECT TO CHANGE DUE TO RESTRICTIONS **</b>				
				<b>Sunshine Room</b> <b>Dining Room</b> <b>Quiet Lounge</b>			