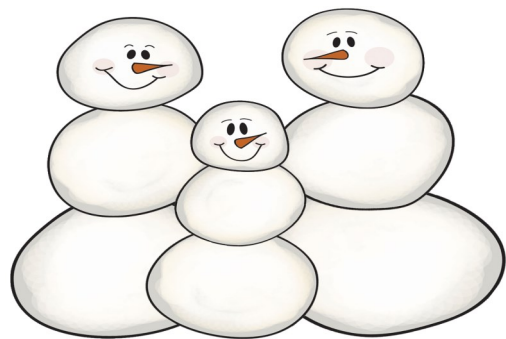




Wishing You All The Best In 2025



Have you lost an article of clothing???
 On January 18/19 all non-labeled clothing will be set out in the Sunshine Room for claiming. If you find something that belongs to you please take it to the Nurses Station for it to be labelled.



Royal Terrace Directory		
<u>NAME</u>	<u>POSITION</u>	<u>TELEPHONE EXT.</u>
Jennifer George	Administrator	236
Aletta Haasbroek RN	Interim Director of Care	222
Tracy Beyer RPN	Residential Manager	223
Brianne Bell	Director of Life Enrichment	227
Karen Ash	Director of Food and Env. Services	228
Charge Nurse		224
Kitchen		230
Residential Charge Nurse		233
Krista Wade	Hairdresser	232

Royal Terrace News



2025

January Special Events

6th—Henry Winter Performs

10th—Pub with Michael Kelly Cavan

15th—Evening Music with Brent Meidinger

20th—Accordion Music with Peter Ruigrok

24th—The Haywards Perform

28th—Al Crawford Entertains



600 Whites Road
 Palmerston, Ontario
 N0G 2P0
 Tel: (519) 343-2611
www.royalterracepalmerston.ca





January 2025 LTC Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
ACTIVITY PROFESSIONALS WEEK 20-24 ** PROGRAMS ARE SUBJECT TO CHANGE **			1 AM 1:1 Exercises PM Hot Chocolate and Conversation	2 10:15 & 11:00 Strengthening Class 2:15 Devotion and Hymn Sing PM Mobii Games 7:30 Markham-Waterloo Youth Choir	3 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Floor Curling PM 1:1 Visits	4 10:15 Strengthening Class 2:15 Euchre and Artist Corner PM Bedside Readings			
			5 AM 1:1 Exercises 10:00 Online Church Service 2:15 Sentimental Music PM 1:1 Memory Match	6 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Entertainment with Henry Winter PM 1:1 Friendly Visits	7 10:15 & 11:00 Stretch and Flex 2:15 Build your Own Pizza PM 1:1 I-pad games 7:00 Big Floor Jenga	8 AM Visits with Trish 10:30 Catholic Mass 10:15 Ballfit Class 2:15 BINGO PM Bedside Readings	9 10:15 & 11:00 Strengthening Class 2:15 Church Service with Pastor Phil DesJardine 3:30 Tuck Shop	10 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Pub Afternoon with Michael Kelly Cavan PM 1:1 Visits	11 10:15 Strengthening Class 2:15 Euchre and Artist Corner PM Hand Massages
12 AM 1:1 Exercises 10:00 Online Church Service 2:15 Card Bingo PM 1:1 Colouring	13 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Boggle Word Game PM 1:1 Friendly Visits	14 9:45 Grand-pal Visits 10:15 & 11:00 Stretch and Flex 2:15 Birthday Party PM Hand Massages	15 AM Visits with Trish 10:15 & 11:00 Ballfit Class 2:15 Snowflake Social PM Mobii Games 7:00 Music with Brent Meidinger	16 10:15 & 11:00 Strengthening Class 2:15 Devotion and Hymn Sing PM Mobii Games	17 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 SPA Afternoon PM 1:1 Visits	18 CLOTHING CLAIM 10:15 Strengthening Class 2:15 Euchre and Artist Corner PM Bedside Readings			
19 CLOTHING CLAIM AM 1:1 Exercises 10:00 Online Church Service 2:15 Hand Bells PM 1:1 Puzzles	20 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Accordion Music with Peter Ruigrok PM 1:1 Friendly Visits	21 10:15 & 11:00 Stretch and Flex 2:15 LE Staff TRUE OR FALSE PM 1:1 I-pad games 7:00 Karaoke Music	22 AM Visits with Trish 10:15 & 11:00 Ballfit Class 2:15 BINGO PM Bedside Readings	23 10:15 & 11:00 Strengthening Class 2:15 Church Service with Pastor Ken Labbe 3:30 Tuck Shop 	24 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 The Haywards Perform PM 1:1 Visits	25 10:15 Strengthening Class 2:15 Euchre and Artist Corner PM Hand Massages			
26 AM 1:1 Exercises 10:00 Online Church Service 2:15 Movie Afternoon 4:00 Hymn Music with Ryan	27 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Residents' Council PM 1:1 Friendly Visits	28 10:15 & 11:00 Stretch and Flex 2:15 Performance by Al Crawford PM Hand Massages 7:15 Cedarvale Choir	29 AM Visits with Trish 10:15 & 11:00 Stretch and Flex 2:15 Wine & Cheese Social PM Bedside Readings	30 10:15 & 11:00 Strengthening Class 2:15 Church Service with Rev. Ernie Naylor PM Mobii Table	31 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Card Bingo PM 1:1 Visits	Sunshine Room Dining Room Quiet Lounge			