



# Royal Terrace News

# February

## 2025

### February Special Events

**Shrove Tuesday Fun Fact!**  
 The first pancake day was in 1445.  
 It is believed that Pancake Day/Shrove Tuesday started in 1445 in Olney.  
 Olney is in Buckinghamshire, England.  
 A lady was getting carried away with making pancakes when she heard the church bells for the Shrove Tuesday mass.  
 She was late! The lady ran to the church with all of her pancakes and that's where the pancake tradition started.

- 3rd—Jimmy's Old Time Music**
- 7th—Afternoon Pub with Dave & The Retros**
- 11th—Johnny Borton Entertains**
- 17th—Accordion Music with Peter Ruigrok**
- 21st—Music Performance by PJ Mack**
- 28th—The All Sorts Band Performs**

<b>Royal Terrace Directory</b>		
<u>NAME</u>	<u>POSITION</u>	<u>TELEPHONE EXT.</u>
Jennifer George	Administrator	236
Aletta Haasbroek, RN	Interim Director of Care	222
Tracy Beyer RPN	Director of Retirement Home	223
Brianne Bell	Director of Life Enrichment	227
Karen Ash	Director of Food and Env. Services	228
Charge Nurse		224
Kitchen		230
Residential Charge Nurse		233
Krista Wade	Hairdresser	232



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# February 2025 Residential Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
** CALENDAR IS SUBJECT TO CHANGE **						<b>Sunshine Room</b> <b>Dining Room</b> <b>Quiet Lounge</b> <b>1st Floor Lounge</b>
<i>Happy Valentines Day</i>						
<b>2</b> <b>10:30 Morning Tea</b>  2:15 Foot Spas	<b>3</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  <b>2:15 Jimmy's Old Time Music</b>	<b>4</b> Exercise with Mallory Group 1: 11 am Group 2: 11:30 am.  2:15 Euchre & Cokinole	<b>5</b> <b>10:30 Catholic Mass</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  2:15 Bean Bag Toss	<b>6</b> Exercise with Mallory Group 1: 11 am Group 2: 11:30 am <b>2:15 Church Service and Communion with Rev Nick Pavel</b> <b>3:30 Tuck Shop-LTC</b>	<b>7</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  <b>2:15 Pub Afternoon with Dave &amp; The Retros</b>	<b>1</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  2:15 Floor Curling
<b>9</b> <b>10:30 Morning Tea</b>  2:15 Manicures	<b>10</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  2:15 BINGO	<b>11 SHROVE TUESDAY</b> Exercise with Mallory Group 1: 11 am Group 2: 11:30 am  <b>2:15 Johnny Borton Entertains</b>	<b>12</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  2:15 Noodle ball	<b>13</b> Exercise with Mallory Group 1: 11 am Group 2: 11:30 am  <b>2:15 Church Service with Rev Jeff Hawkins</b>	<b>14 VALENTINES DAY</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  <b>2:15 Be Mine Valentine Social</b>	<b>15</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  2:15 Church service with Jeff Hawkins
<b>16</b> <b>10:30 Morning Tea</b>  2:15 Foot Spas	<b>17 FAMILY DAY</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  <b>2:15 Accordion Music with Peter Ruigrok</b>	<b>18</b> Exercise with Mallory Group 1: 11 am Group 2: 11:30 am  <b>2:15 Birthday Party</b>	<b>19</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  <b>2:15 RAP SESSION</b>	<b>20</b> Exercise with Mallory Group 1: 11 am Group 2: 11:30 am  <b>2:15 Devotions and Hymn Sing</b> <b>3:30 Tuck Shop-LTC</b>	<b>21</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  <b>2:15 Entertainment by PJ Mack</b>	Fun & Fitness Group 1: 11 am Group 2: 11:30 am  2:15 Bowling
<b>23</b> <b>10:30 Morning Tea</b>  2:15 Manicures  <b>4:00 Hymn Music with Ryan</b>	<b>24</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  215 Afternoon Spa	<b>25</b> Exercise with Mallory Group 1: 11 am Group 2: 11:30 am  2:15 Target Practice	<b>26</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  <b>2:15 Wine &amp; Cheese Social</b>	<b>27</b> Exercise with Mallory Group 1: 11 am Group 2: 11:30 am  <b>2:15 Church Service with Pastor Wes Collins</b>	<b>28</b> Fun & Fitness Group 1: 11 am Group 2: 11:30 am  <b>2:15 Music with The All Sorts Band</b>	Fun & Fitness Group 1: 11 am Group 2: 11:30 am  <b>2:15 BINGO</b>