LUNCH OUTING

On Friday August 15th we will be heading to the Palmerston Lions Park for a Pizza Take-out lunch. As well the Heritage Museum will be over to provide an information session on the Palmerston Railway. The bus will load at Royal Terrace at 11:00am and return at approximately 2:00pm.

Seating is limited so please contact Brianne Bell at 519-343-2611 ext. 227 to reserve your spot!



	Royal Terrace Directory			
NAME	<u>POSITION</u>	TELEPHONE EXT.		
Jennifer George	Administrator	236		
Hailey Caldwell, RN	Director of Care	222		
Tracy Beyer RPN	Director of Retirement Home	223		
Brianne Bell	Director of Life Enrichment	227		
Karen Ash	Director of Food and Env. Services	228		
Charge Nurse		224		
Kitchen		230		
Residential Charge Nurse		233		
Krista Wade	Hairdresser	232		

Royal Terrace News



2025

August Special Events

5th—Al Crawford Performs—outdoors weather permitting
8th—Pub afternoon with Kieran Ballah
12th—Resident and Staff Bubble Soccer (outdoors)
13th—The Haywards Entertain
15th—Lunch at Lions Park
(pre-registration required)
18th—Accordion Music with Peter Ruigrok
22nd—Outdoor Entertainment with Jeff Poolton
29th—Jimmy's Old Time Music

BBQ Lunches 7 & 21



600 Whites Road
Palmerston, Ontario
NOG 2P0
Tel: (519) 343-2611
www.royalterracepalmerston.ca



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Augu	ıst 2025	LTC Act	tivity Ca	alendar	1 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Outdoor Games PM 1:1 Visits	2 10:15 Strengthening Class 2:15 Euchre and Artist Corner (Fair Craft) PM Outdoor Visits
3 AM 1:1 Exercises 10:00 Online Church Service 2:15 Name that Tune PM 1:1 Memory Match	4 CIVIC HOLIDAY 10:15 Strengthening Class 11:00 Manicures 2:15 Drinks in the Courtyard PM 1:1 Friendly Visits	5 10:15 & 11:00 Stretch N Flex Class 2:15 Outdoor Entertainment with Al Crawford (weather permitting) PM 1:1 I-pad games 7:00 Hole in One!	6 AM Visits with Trish 10:30 Catholic Mass 10:15 & 11:00 Ballfit Class 2:15 BINGO PM Mobii Games	7 10:15 & 11:00 Strengthening Class BBQ Lunch In the Courtyard 2:15 Church Service & Communion with Rev Nick Pavel 3:30 Tuck Shop	8 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Afternoon Pub with Kieran Ballah PM 1:1 Visits	9 10:15 Strengthening Class 2:15 Euchre and Artist Corner (Fair Craft) PM Outdoor Visits
10 AM 1:1 Exercises 10:00 Online Church Service 2:15 Card Bingo PM 1:1 Colouring	11 10:15 & 11:00 Strength- ening Class 11:00 Manicures 2:15 Ice Cream Social PM 1:1 Friendly Visits	12 10:15 & 11:00 Stretch N Flex Class 2:15 Bubble Soccer Game (Outdoors) PM 1:1 Hand Massages 7:30 Moorefield Choir		14 10:15 & 11:00 Strengthening Class 2:15 Church Service with Rev Hervey Shank PM Mobii Games	15 AM Outdoor Horse Visits 10:15 Chair Zumba 11:00-2:00 Lunch at the Lions Park 3:30 Noodle Ball	16 10:15 Strengthening Class 2:15 Euchre and Artist Corner (Fair Craft) PM Outdoor Visits
17 AM 1:1 Exercises 10:00 Online Church Service 2:15 Hand Bells PM 1:1 Puzzles	18 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Accordion Music with Peter Ruigrok PM 1:1 Friendly Visits	19 9:45 Grand-pal Visits 11:00 Stretch N Flex Class 2:15 Birthday Party PM 1:1 I-pad games 7:00 Outdoor Social	20 AM Visits with Trish 10:15 & 11:00 Ballfit Class 2:15 BINGO PM Mobii Games	21 10:15 & 11:00 Strengthening Class BBQ Lunch In the Courtyard 2:15 Church Service with Pastor Ken Labbe 3:30 Tuck Shop	22 Palmerston Fair 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Outdoor Entertainment with Jeff Poolton (weather permitting) PM 1:1 Visits	23 Palmerston Fair 10:15 Strengthening Class 2:15 Euchre and Artist Corner (paper loop sun- flower) PM Outdoor Visits
24 Palmerston Fair AM 1:1 Exercises 10:00 Online Church Service 2:15 Bean Bag Toss 4:00 Hymn Music with Ryan	25 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Resident Council & Food Committee PM 1:1 Friendly Visits	26 10:15 & 11:00 Stretch N Flex Class 2:15 What's in the Box with Sawyer! PM 1:1 Hand Massages	27 AM Visits with Trish 10:15 & 11:00 Ballfit Class 2:15 Wine & Cheese Social PM Bedside Readings 7:00 Card Bingo	28 10:15 & 11:00 Strengthening Class 2:15 Daily Devotion and Hymn Sing PM Mobii Games	29 AM Outdoor Horse Visits 10:15 Chair Zumba 2:15 Jimmy's Old Time Music PM 1:1 Visits	30 10:15 Strengthening Class 2:15 Euchre and Artist Corner (shrinky dinks) PM Outdoor Visits
31 AM 1:1 Exercises 10:00 Online Church Service 2:15 Outdoor Social PM Calendar Delivery	** PROGRAMS ARE SUBJECT TO CHANGE **					unshine Room Dining Room Quiet Lounge