

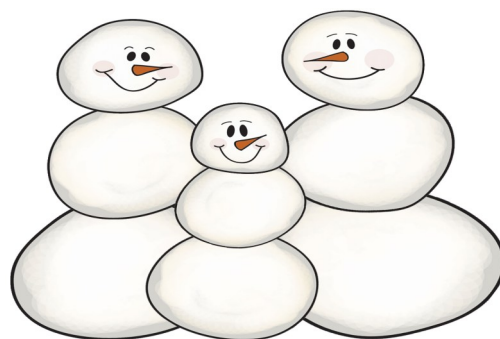


**Wishing You All The
Best In 2026**



Have you lost an article of clothing???

On January 18/19 all non-labeled clothing will be set out in the Sunshine Room for claiming. If you find something that belongs to you please take it to the Nurses Station for it to be labelled.



Royal Terrace Directory

<u>NAME</u>	<u>POSITION</u>	<u>TELEPHONE EXT.</u>
Jennifer George	Administrator	236
Precilla Jolly RN	Interim Director of Care	222
Tracy Beyer RPN	Residential Manager	223
Brianne Bell	Director of Life Enrichment	227
Karen Ash	Director of Food and Env. Services	228
Charge Nurse		224
Kitchen		230
Residential Charge Nurse		233
Krista Wade	Hairdresser	232

Royal Terrace News



2026

January Special Events

5th—Entertainment with The Haywards

9th—Pub afternoon with the All Sorts Band

16th—Meggi Faye Performs

19th—Accordion music with Peter Ruigrok

20th—Bluegrass music with Nick Vernem

23rd—Jimmy's Old Time Music

27th—Al Crawford Entertains







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January 2026 LTC Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ACTIVITY PROFESSIONALS WEEK 19-23 ** PROGRAMS ARE SUBJECT TO CHANGE **				1 HAPPY NEW YEAR 10:15 Strengthening Class 2:15 Minute to Win It! games 	2 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Daily Devotion and Hymn Sing PM 1:1 Visits	3 10:15 Strengthening Class 2:15 Euchre and Artist Corner (design a snow globe) PM Bedside Readings
4 AM 1:1 Exercises 10:00 Online Church Service 2:15 Sentimental Sing-a-long PM 1:1 Memory Match	5 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Entertainment with The Haywards 4:00 Ball Toss with Leslie	6 10:15 & 11:00 Stretch and Flex 2:15 SPA afternoon PM 1:1 I-pad games 7:00 Shuffleboard	7 AM Visits with Trish 10:30 Catholic Mass 10:15 Ballfit Class 2:15  PM Bedside Readings	8 10:15 & 11:00 Strengthening Class 2:15 Church Service and Communion with Pastor Ken Labbe 3:30 Tuck Shop 4:00 Ball toss with Leslie 7:00 Euchre Group	9 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Pub Afternoon with the All Sorts Band PM 1:1 Visits	10 10:15 Strengthening Class 2:15 Euchre and Artist Corner (paper bag snowflakes room decoration) PM Hand Massages
11 AM 1:1 Exercises 10:00 Online Church Service 2:30 Crystalview Choir PM 1:1 Colouring	12 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Pizza Making 4:00 Ball toss with Leslie	13 10:15 & 11:00 Stretch and Flex 2:15 Snowflake Social PM Hand Massages 7:00 Floor Curling	14 AM Visits with Trish 10:15 & 11:00 Ballfit Class 2:15 Card Bingo PM Mobii Games 	15 10:15 & 11:00 Strengthening Class 2:15 Church Service with Rev Nick Pavel 4:00 Ball toss with Leslie 7:00 Euchre Group	16 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Music with Meggi Faye PM 1:1 Visits	17 CLOTHING CLAIM 10:15 Strengthening Class 2:15 Euchre and Artist Corner (watercolour winter hat) PM Bedside Readings
18 CLOTHING CLAIM AM 1:1 Exercises 10:00 Online Church Service 2:15 Hand Bells PM 1:1 Puzzles	19 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Accordion Music with Peter Ruigrok 4:00 Ball toss with Leslie	20 10:00 Daycare visits 11:00 Stretch and Flex 2:15 Birthday Party PM 1:1 I-pad games 7:00 Bluegrass music with Nick Vernem	21 AM Visits with Trish 10:15 & 11:00 Ballfit Class 2:15  PM Bedside Readings	22 10:15 & 11:00 Strengthening Class 2:15 Church Service with Rev Jeff Hawkins 3:30 Tuck Shop 4:00 Ball toss with Leslie 7:00 Euchre Group	23 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Jimmy's Old Time Music PM 1:1 Visits	24 10:15 Strengthening Class 2:15 Euchre and Artist Corner (snowflake salt painting) PM Hand Massages
25 AM 1:1 Exercises 10:00 Online Church Service 2:15 Bowling 4:00 Hymn Music with Ryan	26 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Residents' Council and Food Committee 4:00 Ball toss with Leslie	27 10:15 & 11:00 Stretch and Flex 2:15 Al Crawford Performs PM Hand Massages	28 AM Visits with Trish 10:15 & 11:00 Ballfit Class 2:15 Wine & Cheese Social PM Bedside Readings 7:30 Light of Truth Choir	29 10:15 & 11:00 Strengthening Class 2:15 Hymn Sing and Daily Devotion 4:00 Ball toss with Leslie 7:00 Euchre Group	30 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Card Bingo PM 1:1 Visits	31 10:15 Strengthening Class 2:15 Euchre and Artist Corner (tissue paper Olympic rings) PM Calendar Delivery