

Royal Terrace News

February

2026

February Special Events

3rd—Late night music with Brent Meidinger

6th—Pub Afternoon with Dave & The Retros

10th—Johnny Borton Entertains

16th—Accordion Music with Peter Ruigrok

24th—Musical Performance by Joe Passion

27th—Henry Winter Performs

HAPPY VALENTINES DAY!



Royal Terrace Directory

<u>NAME</u>	<u>POSITION</u>	<u>TELEPHONE EXT.</u>
Jennifer George	Administrator	236
Precilla Jolly, RN	Interim Director of Care	222
Tracy Beyer RPN	Director of Retirement Home	223
Brianne Bell	Director of Life Enrichment	227
Karen Ash	Director of Food and Env. Services	228
Charge Nurse		224
Kitchen		230
Residential Charge Nurse		233
Krista Wade	Hairdresser	232



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February 2026 LTC Activity Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
** CALENDAR IS SUBJECT TO CHANGE ** 6th—22nd: Winter Olympic Games—Milano Cortina						
 <i>Happy Valentines Day</i> 						Sunshine Room Dining Room Quiet Lounge
1 AM 1:1 Exercises 10:00 Online Church Service 2:15 Floor Curling PM 1:1 Memory Match	2 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Travelogue—Around the World 4:00 Ball Toss with Leslie	3 10:15 & 11:00 Stretch & Flex 2:15 Baking Club PM Activity Bins 7:00 Late night music with Brent Meidinger	4 AM Visits with Trish 10:15 & 11:00 Ballfit Class 2:15 Pub Afternoon with Dave & the Retros PM Mobii Games	5 10:15 & 11:00 Strengthening Class 2:15 Church Service and Communion with Rev Nick Pavel 3:30 Tuck Shop 4:00 Ball Toss with Leslie 7:00 Euchre	6 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15  PM 1:1 Friendly Visits	7 10:15 Strengthening Class 2:15 Euchre and Artist Corner (heart shape art) PM Bedside Readings
8 AM 1:1 Exercises 10:00 Online Church Service 2:15 Crystalview Choir PM 1:1 Colouring	9 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Olympic Games Trivia 4:00 Ball Toss with Leslie	10 10:15 & 11:00 Stretch & Flex 2:15 Entertainment with Johnny Borton PM Hand Massages 7:00 Hockey target practice	11 AM Visits with Trish 10:30 Catholic Mass 10:15 & 11:00 Ballfit Class 2:15 Card Bingo PM Bedside Readings	12 10:15 & 11:00 Strengthening Class 2:15 Church Service with Pastor Wes Collins 4:00 Ball Toss with Leslie 7:00 Euchre	13 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Be My Valentine Social PM 1:1 Friendly Visits	14 VALENTINES DAY 10:15 Strengthening Class 2:15 Euchre and Artist Corner (LOVE canvas) PM Bedside Readings
15 AM 1:1 Exercises 10:00 Online Church Service 2:15 Hand Bells PM 1:1 Memory Match	16 FAMILY DAY 10:15 Strengthening Class 11:00 Manicures 2:15 Accordion Music with Peter Ruigrok 4:00 Ball Toss with Leslie	17 SHROVE TUESDAY 9:45 Grand-pal Visits 11:00 Stretch & Flex 2:15 Birthday Party PM Activity Bins 7:00 Shuffle Board	18 ASH WEDNESDAY AM Visits with Trish 10:15 & 11:00 Ballfit Class 2:15  PM Mobii Games	19 10:15 & 11:00 Strengthening Class 2:15 Church Service with Rev Don McCallum 3:30 Tuck Shop 4:00 Ball Toss with Leslie 7:00 Euchre	20 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Olympic Games PM 1:1 Friendly Visits	21 10:15 Strengthening Class 2:15 Euchre and Artist Corner (DIY winter picture frames) PM Beside Readings
22 AM 1:1 Exercises 10:00 Online Church Service 2:15 Conversation Corner 4:00 Hymn Music with Ryan	23 10:15 & 11:00 Strengthening Class 11:00 Manicures 2:15 Resident Council & Food Committee 4:00 Ball Toss with Leslie	24 10:15 & 11:00 Stretch & Flex 2:15 Music with Joe Passion PM Hand Massages	25 AM Visits with Trish 10:15 & 11:00 Ballfit Class 2:15 Wine & Cheese Social PM Bedside Readings 7:00 Card Bingo	26 10:15 & 11:00 Strengthening Class 2:15 Church Service with Rev Phil DesJardine 4:00 Ball Toss with Leslie 7:00 Euchre	27 10:15 & 11:00 Chair Zumba 11:00 Journey through the senses 2:15 Henry Winter Performs PM 1:1 Friendly Visits	28 10:15 Strengthening Class 2:15 Euchre and Artist Corner (build a snowman) PM Beside Readings