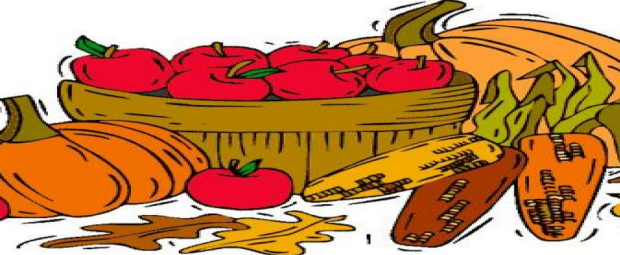


September 2026 Residential Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Exercise with Mallory Group 1: 11:00 am Group 2: 11:30 am 2:15 Hobby Swap (learn a new skill) 7 pm Evening Movie	2 10:30 Catholic Mass Fun & Fitness Group 1: 11:00 am Group 2: 11:30 am 2:15 BINGO	3 Exercise with Mallory Group 1: 11:00 am Group 2: 11:30 am 2:15 Communion with Rev Ernie Naylor 3:30 Tuck Shop –LTC	4 AM Outdoor Horse Visits Fun & Fitness Group 1: 11:00 am Group 2: 11:30 am 2:15 Pub with The All Sorts Band	5 Fun & Fitness Group 1: 11:00 am Group 2: 11:30 am 2:15 Bowling
	6 10:30 Coffee Time in Lounges 2:15 Manicures	7 LABOUR DAY Fun & Fitness Group 1: 11:00 am Group 2: 11:30 am 2:15 Drinks and Trivia in the Courtyard	8 Exercise with Mallory Group 1: 11:00 am Group 2: 11:30 am 2:15 Ice Cream Social 7:00 pm Evening Music with Brent Meidinger	9 Fun & Fitness Group 1: 11:00 am Group 2: 11:30 am Pizza Lunch in the Royal Gardens (pre-order required) 2:15 Giant Jenga	10 Exercise with Mallory Group 1: 11:00 am Group 2: 11:30 am 2:15 Church Service with Pastor Ken Labbe	11 Fun & Fitness Group 1: 11:00 am Group 2: 11:30 am 2:15 Back to School Trivia and Conversation
	13 10:30 Coffee Time in Lounges 2:30 Crystalview Choir	14 Fun & Fitness Group 1: 11:00 am Group 2: 11:30 am 2:15 Entertainment with Henry Winter	15 Exercise with Mallory Group 1: 11:00 am Group 2: 11:30 am 2:15 September Birthday Party!	16 Fun & Fitness Group 1: 11:00 am Group 2: 11:30 am 2:15 BINGO	17 Exercise with Mallory Group 1: 11:00 am Group 2: 11:30 am 2:15 Daily Devotion and hymn sing 3:30 Tuck Shop-LTC	18 Fun & Fitness Group 1: 11:00 am Group 2: 11:30 am 12:00—3:00pm LTC Engagement Day See flyer for more info.
	20 10:30 Coffee Time in Lounges 2:15Foot Spas	21 10am-2pm Mobile Clothing Shop Fun & Fitness Group 1: 11:00 am Group 2: 11:30 am 2:15 Accordion Music with Peter Ruigrok	22 FALL BEGINS Exercise with Mallory Group 1: 11:00 am Group 2: 11:30 am 2:15 Autumn Hangman	23 Fun & Fitness Group 1: 11:00 am Group 2: 11:30 am 2:15 Travel to Holland 7:30 pm Light of Truth Choir	24 Exercise with Mallory Group 1: 11:00 am Group 2: 11:30 am 2:15 Daily Devotion and Hymn Sing 7 pm Euchre & Games	25 Fun & Fitness Group 1: 11:00 am Group 2: 11:30 am 2:15 PJ Mack Entertains
	27 10:30 Coffee Time in Lounges 2:15 Manicures 4:00 Hymn Music with Ryan	28 Fun & Fitness Group 1: 11:00 am Group 2: 11:30 am 2:15 RAP Session & Tuck Shop	29 Exercise with Mallory Group 1: 11:00 am Group 2: 11:30 am 2:15 Jimmy's Old Time Music	30 Truth & Reconciliation Day Fun & Fitness Group 1: 11:00 am Group 2: 11:30 am 2:15 Wine and Cheese Social	** PROGRAMS ARE SUBJECT TO CHANGE ** Sunshine Room Dining Room Quiet Lounge Lounges Library	

Picnic Lunch in the Royal Gardens

This month’s resident “outing” will be to enjoy a picnic pizza lunch in the Royal Gardens. Lunch will include soft drink, pizza, garlic finders, and dessert.

Pre-order is required so if interested, please contact Tracy Beyer @ retirement@royalterrace.ca



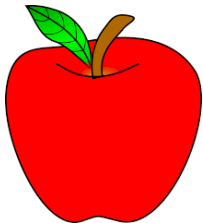
Royal Terrace Directory		
NAME	POSITION	TELEPHONE EXT.
Jennifer George	Administrator	236
Precilla Jolly RN	Interim Director of Care	222
Tracy Beyer RPN	Residential Manager	223
Brianne Bell	Director of Life Enrichment	227
Karen Ash	Director of Food and Env. Services	228
Charge Nurse		224
Kitchen		230
Residential Charge Nurse		233
Krista Wade	Hairdresser	232

Royal Terrace News



September Special Events

- 4th—Pub with the All Sorts Band**
- 8th—Evening Music with Brent Meidinger**
- 9th—Pizza Lunch in the Royal Gardens**
Pre-order required
- 13th—Crystalview Choir returns**
- 14th—Entertainment with Henry Winter**
- 18th—LTC Engagement Day**
- 21st—Accordion Music with Peter Ruigrok**
- 23rd—Light of Truth Evening Choir**
- 25th—PJ Mack Performs**
- 29th—Jimmy’s Old Time Music**



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